

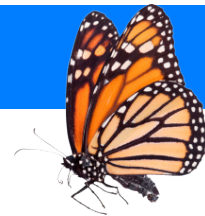


MONARCH FUELING ZONE PROJECT

THE BLUE ZONE PLANTING GUIDE

The following list of plants support monarchs by providing nectar resources to help fuel their migration. The plants listed are expected to be blooming when monarchs will pass through your region during the northern and southern migrations. This is not an exhaustive list, but provides guidance on where to start. These lists were compiled as part of a pilot project, as the project expands additional plants species will be added to these lists. Remember to include milkweed (*Asclepias* spp.) in your plantings too; monarchs need them for nectar and laying eggs.

NORTHBOUND (APRIL 26 TO MAY 23)



BOTANICAL NAME

Packera aurea

Rhododendron calendulaceum

COMMON NAME

golden ragwort

flame azalea

SOUTHBOUND (SEPTEMBER 13 TO SEPTEMBER 26)



BOTANICAL NAME

Conoclinium coelestinum

Eupatorium hyssopifolium

Euthamia graminifolia

Silene caroliniana

Solidago canadensis

Solidago stricta

Symphotrichum tenuifolium

COMMON NAME

blue mistflower

hyssopleaf thoroughwort

flat-top goldentop

sticky catchfly

Canada goldenrod

wand goldenrod

perennial saltmarsh aster

Counties included for the Blue Zone

NC-Alamance	NC-Martin	VA-Accomack	VA-Highland
NC-Alexander	NC-McDowell	VA-Albemarle	VA-Isle of Wight
NC-Alleghany	NC-Nash	VA-Alleghany	VA-James City
NC-Ashe	NC-Northampton	VA-Amelia	VA-King and Queen
NC-Avery	NC-Orange	VA-Amherst	VA-King Williams
NC-Beaufort	NC-Pasquotank	VA-Appomattox	VA-Lancaster
NC-Bertie	NC-Perquimans	VA-Augusta	VA-Louisa
NC-Burke	NC-Person	VA-Bath	VA-Lunenburg
NC-Caldwell	NC-Pitt	VA-Bedford	VA-Mathews
NC-Camden	NC-Polk	VA-Bland	VA-Mecklenburg
NC-Caswell	NC-Randolph	VA-Botetourt	VA-Middlesex
NC-Catawba	NC-Rockingham	VA-Brunswick	VA-Montgomery
NC-Chatham	NC-Rowan	VA-Buckingham	VA-Nelson
NC-Chowan	NC-Rutherford	VA-Campbell	VA-New Kent
NC-Cleveland	NC-Stokes	VA-Caroline	VA-Northampton
NC-Currituck	NC-Surry	VA-Carroll	VA-Northumberland
NC-Dare	NC-Tyrrell	VA-Charles City	VA-Nottoway
NC-Davidson	NC-Vance	VA-Charlotte	VA-Orange
NC-Davie	NC-Wake	VA-Chesterfield	VA-Patrick
NC-Durham	NC-Warren	VA-Craig	VA-Pittsylvania
NC-Edgecombe	NC-Washington	VA-Cumberland	VA-Powhatan
NC-Forsyth	NC-Watauga	VA-Dinwiddie	VA-Prince Edward
NC-Franklin	NC-Wayne	VA-Essex	VA-Prince George
NC-Gaston	NC-Wilkes	VA-Floyd	VA-Pulaski
NC-Gates	NC-Wilson	VA-Fluvanna	VA-Richmond
NC-Grannville	NC-Yadkin	VA-Franklin	VA-Roanoke
NC-Greene		VA-Giles	VA-Rockbridge
NC-Guilford	VA-Williamsburg City	VA-Gloucester	VA-Smyth
NC-Halifax	VA-Newport News City	VA-Goochland	VA-Southampton
NC-Harnett	VA-Poquoson City	VA-Grayson	VA-Spotsylvania
NC-Hertford	VA-Hampton City	VA-Greene	VA-Surry
NC-Hyde	VA-Norfolk City	VA-Greensville	VA-Sussex
NC-Iredell	VA-Virginia Beach City	VA-Halifax	VA-Westmoreland
NC-Johnston	VA-Portsmouth City	VA-Hanover	VA-Wythe
NC-Lee	VA-Suffolk City	VA-Henrico	VA-York
NC-Lincoln	VA-Chesapeake City	VA-Henry	

