

SELECTING

PLANTS

FOR

POLLINATORS



A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS IN THE



CALIFORNIA
COASTAL
CHAPARRAL
FOREST
AND SHRUB
PROVINCE

ALONG THE

SOUTHERN CALIFORNIA

COAST



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This is one of several guides for different regions in the United States. We welcome your feedback to assist us in making the future guides useful. Please contact us at feedback@pollinator.org

SELECTING PLANTS FOR POLLINATORS

A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS

IN THE ECOLOGICAL REGION OF THE

CALIFORNIA COASTAL

CHAPARRAL

FOREST

AND SHRUB

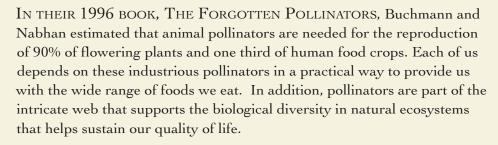
PROVINCE

ALONG THE
SOUTHERN CALIFORNIA
COAST

A NAPPC AND POLLINATOR PARTNERSHIP PUBLICATION

This guide was funded by the National Fish and Wildlife Foundation, the C.S. Fund, the Plant Conservation Alliance, the U.S. Forest Service, and the Bureau of Land Management with oversight by Pollinator Partnership (pollinator.org), in support of the North American Pollinator Protection Campaign (NAPPC–nappc.org).

WHY SUPPORT POLLINATORS?



Abundant and healthy populations of pollinators can improve fruit set and quality, and increase fruit size. In farming situations this increases production per acre. In the wild, biodiversity increases and wildlife food sources increase.

Almonds, blackberries, cucumbers, and artichokes are some of the crops raised in the California Coastal Chaparral Forest that rely on honey bees and native bees for pollination. Domestic honey bees pollinate approximately \$10 billion worth of crops in the U.S. each year.

Unfortunately, the numbers of both native pollinators and domesticated bee populations are declining. They are threatened by habitat loss, disease, and the excessive and inappropriate use of pesticides. The loss of commercial bees to Colony Collapse Disorder (CCD) has highlighted how severe the issues of proper hive management are to reduce stresses caused by disease, pesticide use, insufficient nutrition, and transportation practices. Currently, the pollination services that the commercial beekeeping industry provides are receiving much needed research and conservation resources. The efforts to understand the threats to commercial bees should help us understand other pollinators and their roles in the environment as well.

It is imperative that we take immediate steps to help pollinator populations thrive. The beauty of the situation is that by supporting pollinators' need for habitat, we support our own needs for food and support diversity in the natural world.

Thank you for taking time to consult this guide. By adding plants to your landscape that provide food and shelter for pollinators throughout their active seasons and by adopting pollinator friendly landscape practices, you can make a difference to both the pollinators and the people that rely on them.

Kelly Bills Executive Director Pollinator Partnership "FARMING FEEDS

THE WORLD, AND

WE MUST REMEMBER

THAT POLLINATORS

ARE A CRITICAL

LINK IN OUR FOOD

SYSTEMS."

-- PAUL GROWALD,
CO-FOUNDER,
POLLINATOR PARTNERSHIP





THIS REGIONAL GUIDE IS just one in a series of plant selection tools designed to provide information on how individuals can influence pollinator populations through choices they make when they farm a plot of ground, manage large tracts of public land, or plant a garden. Each of us can have a positive impact by providing the essential habitat requirements for pollinators including food, water, shelter, and enough space to allow pollinators to raise their young.

Pollinators travel through the landscape without regard to property ownership or state boundaries. We've chosen to use R.G. Bailey's classification system to identify the geographic focus of this guide and to underscore the connections between climate and vegetation types that affect the diversity of pollinators in the environment.

Bailey's Ecoregions of the United States, developed by the United States Forest Service, is a system created as a management tool and is used to predict responses to land management practices throughout large areas. This guide addresses pollinator-friendly land management practices in what is known as the California Coastal Chaparral Forest and Shrub Province.

This 10,300 square mile province adjacent to the Pacific Ocean included coastal plains, low mountains, and interior valleys with elevations ranging from sea level to 2,400 feet. The climate is characterized by dry, hot summers and mild, rainy winters. Average annual temperature ranges from 50° to 65°F. Annual rainfall ranges from 10 to 50 inches with a marked summer drought.

The vegetation in this province occurs in distinct communities along with endemic cypress and pines. Sagebrush and grassland communities can be found on the coastal plains and in larger valleys. Broadleaf species grow in Riparian forests along streams. Sclerophyll (dry-loving) forest, comprised of woody plants with leathery leaves, thrives among oak woodland on

the hills and lower mountains. Chaparral, semi-arid evergreen scrub, dominates dry steep hills and mountain slopes inhospitable to oaks. It varies in composition with exposure and elevation and consists of bushy shrubs such as chamise and manzanita. Desert-like coastal scrub, including coyote bush and California sagebrush, inhabits exposed coastal areas.

Long before there were homes and farms in this area, the original, natural vegetation provided continuous cover and adjacent feeding opportunities for wildlife, including pollinators. In choosing plants, aim to create habitat for pollinators that allow adequate food shelter, and water sources. Most pollinators have very small home ranges. You can make a difference by understanding the vegetation patterns of the farm, forest, or neighbor's yard adjacent to you and by making planting choices that support the pollinators' need for food and shelter as they move through the landscape.

UNDERSTANDING THE CALIFORNIA COASTAL CHAPARRAL FOREST

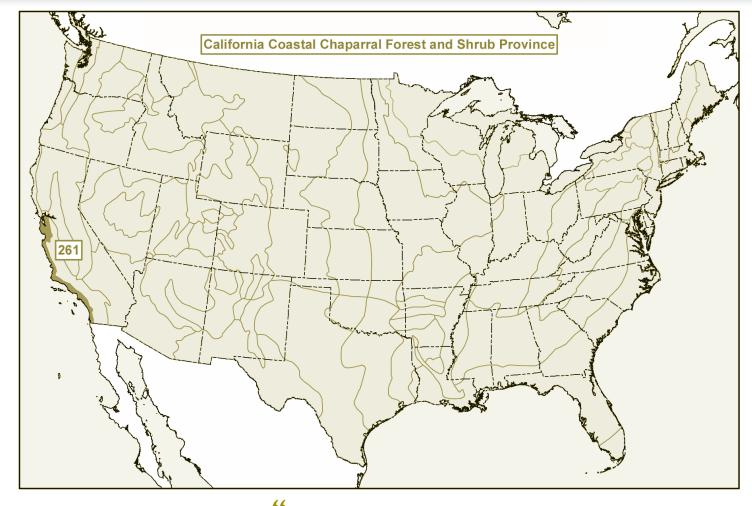


- This region is designated number 261 in the Baileys'
 Ecosystem Provinces. To see a map of the provinces go to:
 fs.fed.us/colorimagemap/ecoregl_provinces.html
- Not sure about which bioregion you live or work in? Go to pollinator.org and click on Ecoregion Locator for help.
- 🔀 10,300 square miles along the coast of SouthernCalifornia.
- **%** Coastal plains, low mountains, and interior valleys from San Francisco to San Diego.
- 🔀 Elevations ranging from sea level to 2,400 feet.
- \aleph Average annual temperature range from 50° to 65°F.
- X Average year-round precipitation between 10-50 inches.
- **W** USDA Hardiness Zones 9-10.

CHARACTERISTICS

- Mominated by plant communities adapted to summer drought: sclerophyll forest, chaparral, coastal scrub and sagebrush.
- **%** Common tree species include cypress, pine, oak, chamise, red shanks, manzanita, bush lupine, and coyote bush.
- Agriculture and urban development has led to habitat fragmentation and degradation and caused the displacement of native plants and animals.





Along the Southern California Coast ADDING NATIVE PLANTINGS IN RIPARIAN AREAS

TO IMPROVE POLLINATOR HABITAT MAKES

SENSE IN ADVANCING OUR FAMILY FARM'S

CONSERVATION AND ECONOMIC OBJECTIVES,

ENHANCING BENEFICIAL WILDLIFE AND

IMPROVING POLLINATION IN OUR ORCHARD AND

GARDEN.

--LEE MCDANIEL, FARMER AND PRESIDENT, NATIONAL ASSOCIATION OF CONSERVATION DISTRICTS

MEET THE POLLINATORS



Small Dotted Blue butterfly.

Honeybee collecting nectar.



WHO ARE THE POLLINATORS?

BEES

Bees are well documented pollinators in the natural and agricultural systems of the California Coastal Chaparral Forest. A wide range of crops including almonds, blackberries, cucumbers and artichokes, are just a few plants that benefit from bee pollinators.

Most of us are familiar with the colonies of honey bees that have been the workhorses of agricultural pollination for years in the United States. They were imported from Europe almost 400 years ago.

There are nearly 4000 species of native ground and twig nesting bees in the U.S. Some form colonies while others live and work a solitary life. Native bees currently pollinate many crops and can be encouraged to do more to support agricultural endeavors if their needs for nesting habitat are met and if suitable sources of nectar, pollen, and water are provided. Bees have tongues of varying lengths that help determine which flowers they can obtain nectar and pollen from.

The bumble bee (Bombus spp.) forms small colonies, usually underground. They are generalists, feeding on a wide range of plant material from February to November and are important pollinators of tomatoes. The sweat bee (family Halictidae) nests underground. Various species are solitary while others form loose colonies.

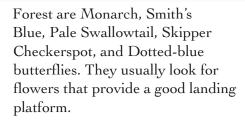
Solitary bees include carpenter bees (*Xylocopa* spp.), which nest in wood; digger, or polyester bees (*Colletes* spp.), which nest underground; leafcutter bees (*Megachile* spp.), which prefer dead trees or branches for their nest sites; and mason bees (*Osmia* spp.), which utilize cavities that they find in stems and dead wood. Cactus bees (*Diadasia* spp.) are also solitary ground nesters.

BUTTERFLIES

Gardeners have been attracting butterflies to their gardens for some time. These insects tend to be eyecatching, as are the flowers that attract them. Position flowering plants where they have full sun and are protected from the wind. Also, you will need to provide open areas (e.g. bare earth, large stones) where butterflies may bask, and moist soil from which they may get needed minerals. By providing a safe place to eat and nest, gardeners can also support the pollination role that butterflies play in the landscape. It might mean accepting slight damage to the plants, known as host plants, that provide food for the larval stage of the butterfly.

A diverse group of butterflies are present in garden areas and woodland edges that provide bright flowers, water sources, and specific host plants. Numerous trees, shrubs, and herbaceous plants support butterfly populations.

Butterflies are in the Order *Lepidoptera*. Some of the species in the California Coastal Chaparral



Wet mud areas provide butterflies with both the moisture and minerals they need to stay healthy. Butterflies eat rotten fruit and even dung, so don't clean up all the messes in your garden!

MOTHS

Moths are most easily distinguished from butterflies by their antennae. Butterfly antennae are simple with a swelling at the end. Moth antennae differ from simple to featherlike, but never have a swelling at the tip. In addition, butterflies typically are active during the day; moths at night. Butterfly bodies are not very hairy, while moth bodies are quite hairy and more stout.

Moths, generally less colorful than butterflies, also play a role in pollination. They are attracted to flowers that are strongly sweet smelling, open in late afternoon or night, and are typically white or pale colored.

BEETLES

Over 30,000 species of beetles are found in the United States and many of them can be found on flower heads. Gardeners have yet to intentionally draw beetles to their gardens, possibly because beetle watching isn't as inspiring

as butterfly or bird watching. Yet beetles do play a role in pollination. Some have a bad reputation because they can leave a mess behind, damaging plant parts that they eat. Beetles are not as efficient as some pollinators. They wander between different species, often dropping pollen as they go.

Beetle pollinated plants tend to be large, strong scented flowers with their sexual organs exposed. They are known to pollinate Magnolia, sweetshrub (*Calycanthus*), paw paws, and yellow pond lilies.

FLIES

It may be hard to imagine why one would want to attract flies to the garden. However, like beetles, the number of fly species and the fact that flies are generalist pollinators (visit many species of plants), should encourage us all to leave those flies alone and let them do their job as pollinators.

Recent research indicates that flies primarily pollinate small flowers that bloom under shade and in seasonally moist habitats. The National Research Council's *Status of Pollinators in North America* study states that flies are economically important as pollinators for a range of annual and bulbous ornamental flowers.

Plants pollinated by the fly include the American pawpaw (Asimina triloba), dead horse arum (Helicodiceros muscivorus), skunk cabbage (Symplocarpus foetidus), goldenrod (Solidago spp.), and

members of the carrot family like Queen Anne's lace (*Daucus carota*).

BIRDS

Hummingbirds are the primary birds which play a role in pollination in North America. Their long beaks and tongues draw nectar from tubular flowers. Pollen is carried on both the beaks and feathers of different hummingbirds. The regions closer to the tropics, with warmer climates, boast the largest number of hummingbird species and the greatest number of native plants to support the bird's need for food. White-winged doves (Zenaida asiatica) are also pollinators of the saguaro cactus (Carnegeia gigantea) in the south central United States.

Bright colored tubular flowers attract hummingbirds to gardens throughout the United States. Hummingbirds can see the color red; bees cannot. California fuchsia and chaparral currant growing in the California Coastal Chaparral Forest attract Costa's and Allen's Hummingbirds.

BATS

Though bats in the California Coastal Chaparral Forest are not pollinators, bats play an important role in pollination in the other regions of the southwest where they feed on agave and cactus. The longnosed bats' head shape and long tongue allows it to delve into flower blossoms and extract both pollen and nectar.

PLANT TRAITS



WHICH FLOWERS DO THE POLLINATORS PREFER?

NOT ALL POLLINATORS ARE found in each North American province, and some are more important in different parts of the United States. Use this page as a resource to understand the plants and pollinators where you live.

Plants can be grouped together based on the similar characteristics of their flowers. These floral characteristics can be useful to predict the type of pollination method or animal that is most effective for that group of plants. This association between floral characteristics and pollination method is called a pollination syndrome.

The interactions of animal pollinators and plants have influenced the evolution of both groups of organisms. A mutualistic relationship between the pollinator and the plant species helps the pollinator find necessary pollen and nectar sources and helps the plant reproduce by ensuring that pollen is carried from one flower to another.

Plant					
Trait	Bats	Bees	Beetles		
Color	Dull white, green or purple	Bright white, yellow, blue, or UV	Dull white or green		
Nectar guides	Absent	Present	Absent		
Odor	Strong musty; emitted at night	Fresh, mild, pleasant	None to strongly fruity or fetid		
Nectar	Abundant; somewhat hidden	Usually present	Sometimes present; not hidden		
Pollen	Ample	Limited; often sticky and scented	Ample		
Flower Shape	Regular; bowl shaped – closed during day	Shallow; have landing platform; tubular	Large bowl-like, Magnolia		

This chart and more information on pollinator syndromes can be found at:



AND THE POLLINATORS THEY ATTRACT

Pollinator

Birds	Butterflies	Flies	Moths	Wind
Scarlet, orange, red or white	Bright, including red and purple	Pale and dull to dark brown or purple; flecked with translucent patches	Pale and dull red, purple, pink or white	Dull green, brown, or colorless; petals absent or reduced
Absent	Present	Absent	Absent	Absent
None	Faint but fresh	Putrid	Strong sweet; emitted at night	None
Ample; deeply hidden	Ample; deeply hidden	Usually absent	Ample; deeply hidden	None
Modest	Limited	Modest in amount	Limited	Abundant; small, smooth, and not sticky
Large funnel like; cups, strong perch support	Narrow tube with spur; wide landing pad	Shallow; funnel like or complex and trap-like	Regular; tubular without a lip	Regular; small and stigmas exerted

http://fs.fed.us/wildflowers/pollinators/syndromes.shtml

DEVELOPING LAND SCAPE PLANTINGS THAT PROVIDE POLLINATOR HABITAT

WHETHER YOU ARE A FARMER of many acres, land manager of a large tract of land, or a gardener with a small lot, you can increase the number of pollinators in your area by making conscious choices to include plants that provide essential habitat for bees, butterflies, moths, beetles, hummingbirds and other pollinators.

FOOD:

Flowers provide nectar (high in sugar and necessary amino acids) and pollen (high in protein) to pollinators.

Fermenting fallen fruits also provide food for bees, beetles and butterflies. Specific plants, known as host plants, are eaten by the larvae of pollinators such as butterflies.

- Plant in groups to increase pollination efficiency. If a pollinator can visit the same type of flower over and over, it doesn't have to relearn how to enter the flower and can transfer pollen to the same species, instead of squandering the pollen on unreceptive flowers.
- Plant with bloom season in mind, providing food from early spring to late fall. (see Bloom Periods pp.16-17)
- Plant a diversity of plants to support a variety of pollinators. Flowers of different color, fragrance, and season of bloom on plants of different heights will attract different pollinator species and provide pollen and nectar throughout the seasons.
- Many herbs and annuals, although

not native, are very good for pollinators. Mint, oregano, garlic, chives, parsley and lavender are just a few herbs that can be planted. Old fashioned zinnias, cosmos, and single sunflowers support bees and butterflies.

- Recognize weeds that might be a good source of food. For example, dandelions provide nectar in the early spring before other flowers open. Plantain is alternate host for the Baltimore Checkerspot.
- Learn and utilize Integrated Pest Management (IPM) practices to address pest concerns. Minimize or eliminate the use of pesticides.

SHELTER:

Pollinators need protection from severe weather and from predators as well as sites for nesting and roosting.

- Incorporate different canopy layers in the landscape by planting trees, shrubs, and different-sized perennial plants.
- Leave dead snags for nesting sites of bees, and other dead plants and leaf litter for shelter.
- Build bee boxes to encourage solitary, non-aggressive bees to nest on your property.
- Leave some areas of soil uncovered to provide ground nesting insects easy access to underground tunnels.
- Group plantings so that pollinators can move safely through the landscape protected from predators.
- Include plants that are needed

by butterflies during their larval development.

WATER:

A clean, reliable source of water is essential to pollinators.

- Natural and human-made water features such as running water, pools, ponds, and small containers of water provide drinking and bathing opportunities for pollinators.
- Ensure the water sources have a shallow or sloping side so the pollinators can easily approach the water without drowning.

Your current landscape probably includes many of these elements. Observe wildlife activity in your farm fields, woodlands, and gardens to determine what actions you can take to encourage other pollinators to feed and nest. Evaluate the placement of individual plants and water sources and use your knowledge of specific pollinator needs to guide your choice and placement of additional plants and other habitat elements. Minor changes by many individuals can positively impact the pollinator populations in your area. Watch for - and enjoy - the changes in your landscape!

• CAUTION: Remember that pesticides are largely toxic to pollinators. Extreme caution is warranted if you choose to use any pesticide. Strategically apply pesticides only for problematic target species.



FARMS

Almonds, blackberries, cucumbers and artichokes are a few of the food crops in the California Coastal Chaparral Forest Province that will benefit from strong native bee populations that boost pollination efficiency. Incorporate different plants throughout the farm that provide food for native populations when targeted crops are not in flower.

Farmers have many opportunities to incorporate pollinator-friendly land management practices on their land which will benefit the farmer in achieving his or her production goals:

- Manage the use of pesticides to reduce the impact on native pollinators. Spray when bees aren't active (just after dawn) and choose targeted ingredients.
- Carefully consider the use of

herbicides. Perhaps the targeted weeds can provide needed food for pollinators.

- Minimize tillage to protect ground nesting pollinators.
- Ensure water sources are scattered throughout the landscape.
- Choose a variety of native plants to act as windbreaks, riparian buffers, and field borders throughout the farm.
- Plant unused areas of the farm with temporary cover crops that can provide food or with a variety of trees, shrubs, and flowers that provide both food and shelter for pollinators.
- Check with your local Natural Resources Conservation Service (NRCS) office to see what technical and financial support might be available to assist you in your effort to provide nectar, pollen, and larval food sources for pollinators on your farm.

FOOD SUPPLIES FOR

BEES ARE CRITICAL

TO MAINTAINING

STRONG HIVES

FOR ALMOND

POLLINATION

THE FOLLOWING

WINTER.

-- DAN CUMMINGS, CHICO, CALIFORNIA ALMOND GROWER.

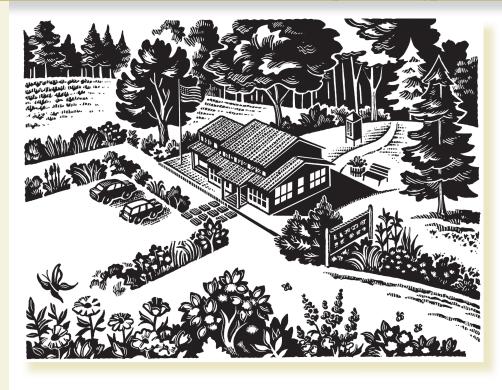


Illustrations by Carolyn Vibbert

PUBLIC LANDS

FROM **HUMMINGBIRDS** TO BEETLES. TO **BUTTERFLIES**, **NATURE'S POLLINATORS HELP KEEP MIDEWIN'S** TALLGRASS PRAIRIE **RESTORATIONS FULL OF DIVERSE FLOWERING** PLANTS. INSECT **MONITORING PROVIDES A KEY** MEASURE OF OUR SUCCESS.

-- LOGAN LEE PRAIRIE SUPERVISOR, MIDEWIN NATIONAL TALLGRASS PRAIRIE



Public lands are maintained for specific reasons ranging from high impact recreation to conservation. In the California Coastal Chaparral Forest, urban development has affected natural recovery from habitat loss due to fire by facilitating wildlife displacement and non-native species invasion. Less disturbed natural areas can be augmented with plantings of native plant species. Existing plantings around buildings and parking areas should be evaluated to determine if pollinatorfriendly plants can be substituted or added to attract and support pollinators. Public land managers have a unique opportunity to use their plantings as an education tool to help others understand the importance of pollinators in the environment through signs,

brochures, and public programs. In an effort to increase populations of pollinators the land manager can:

- Inventory and become knowledgeable of local pollinators.
- Provide connectivity between vegetation areas by creating corridors of perennials, shrubs, and trees that provide pollinators shelter and food as they move through the landscape.
- Maintain a minimum of lawn areas that support recreational needs.
- Restrict the use of pesticides and herbicides.
- Provide water sources in large open areas.
- Maintain natural meadows and openings that provide habitats for sun-loving wildflowers and grasses.
- Remove invasive species and encroaching shrubs and trees.





"A GARDEN IS
ONLY AS RICH AND
BEAUTIFUL AS THE
INTEGRAL HEALTH
OF THE SYSTEM;
POLLINATORS
ARE ESSENTIAL TO
THE SYSTEM - MAKE
YOUR HOME THEIR
HOME."

-- DERRY MACBRIDE NATIONAL AFFAIRS AND LEGISLATION CHAIRWOMAN, GARDEN CLUB OF AMERICA Gardeners have a wide array of plants to use in their gardens. Native plants, plants introduced from years of plant exploration from around the world, and plants developed by professional and amateur breeders can be found in garden centers, in catalogs, and on web-sites. Use your knowledge of pollinator needs to guide your choices.

- Choose a variety of plants that will provide nectar and pollen throughout the growing season.
- Resist the urge to have a totally manicured lawn and garden. Leave bare ground for ground nesting bees. Leave areas of dead wood and leaf litter for other insects.
- Strive to eliminate the use of all pesticides.
- Find local resources to help you in your efforts. Contact your local county extension agent or native plant society. Visit your regional botanic gardens and arboreta.

The scale of your plantings will vary but it is important to remember that you are trying to provide connectivity to the landscape adjacent to your property. Don't just look within your property boundaries. If your neighbor's property provides an essential element, such as water, which can be utilized by pollinators visiting your land, you may be able to devote more space to habitat elements that are missing nearby. It is best to use native plants which have evolved to support the needs of specific native pollinators. Some pollinators, however, are generalists and visit many different plants, both native and non-native. Be sure that any non-native plants you choose to use are not invasive. Remember that specialized cultivars sometimes aren't used by pollinators. Flowers that have been drastically altered, such as those that are double or a completely different color than the wild species, often prevent pollinators from finding and feeding on the flowers. In addition, some altered plants don't contain the same nectar and pollen resources that attract pollinators to the wild types.

• CAUTION: Take time to evaluate the source of your plant material. You want to ensure you get plants that are healthy and correctly identified. Your local native plant society can help you make informed decisions when searching for plants.



BLOOM PERIODS

FOR THE CALIFORNIA COASTAL CHAPARRAL FOREST

The following chart lists plants and the time they are in bloom throughout the growing seasons. Choose a variety of flower colors and make sure something is blooming at all times! Note for all charts: When more than one species of the same genus is useful, the genus name is followed by "spp."

Botanical Name	Common Name	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct		
	Trees & Shrubs												
Acer macrophyllum	Big Leaf Maple				reddish green	reddish green							
Adenostemma fasciculatum	chamise					white	white	white					
Aesculus californica	California Buckeye				pinkish white	pinkish white							
Amorpha californica	California False Indigo					purple	purple						
Arctostaphylos edmundsii	Dwarf Coastal manzanita				white	white							
Arctostaphylos tomentosa	Woollyleaf Manzanita		white	white									
Arctostaphylos uva-ursi	Kinnikinnick			white	white	white	white						
Ceanothus crassifolius	Hoaryleaf Ceanothus				white	white							
Ceanothus oliganthus	Hairy ceanothus		pale blue	pale blue	pale blue								
Ceanothus thyrsifolius	White Mt. Lilac		white	white	white	white	white						
Cornus glabrata	Brown dogwood				white	white							
Diplacus aurantiacus	Orange Sticky Monkey Flower							orange yellow	orange yellow	orange yellow			
Eriogonum fasciculatum	California buckwheat			pink	pink	pink	pink	pink					
Heteromeles arbutifolia	Toyon						white	white	white				
Mahonia nervosa	Cascade Barberry				yellow	yellow							
Mahonia pinnata	Wavyleaf Barberry		yellow	yellow	yellow	yellow							
Malacothamnus fasciculatus	Mendocino Bushmallow					pink	pink	pink	pink				
Prunus ilicifolia	Hollyleaf Cherry			white									
Rhododendron occidentale	Western Azalea					white							
Rhus integrifolia	Lemonade sumac						pale pink						
Ribes menziesii	Canyon Gooseberry				maroon white	maroon white							
Salix exigua	Narrowleaf Willow				cream white	cream white							
Salix laevigata	Red Willow				cream white	cream white							
Salvia leucophylla	San Luis Purple Sage					lavender	lavender	lavender					
Salvia mellifera	Black Sage					white to pale blue	white to pale blue						
Trichostema lanatum	Woolly Bluecurls					violet	violet	violet	violet				
				Pere	nnial Flov	vers							
Abronia umbellata	Pink Sand Verbena					rose pink	rose pink	rose pink	rose pink				
Achillea millefolium var. californica	Yarrow			white	white	white	white	white	white				
Aquilegia formosa	Western columbine		red	red	red	red							
Asclepias californica	California Milkweed						violet						

Botanical Name	Common Name	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct
Asclepias eriocarpa	Wollypod Milkweed						creamy white	creamy white	creamy white		
Asclepias fascicularis	Narrowleaf Milkweed						creamy white	creamy white	creamy white		
Astragalus trichopodus	Santa Barbara Milkvetch		white	white	white	white	white				
Delphinium cardinale	Scarlet Larkspur			dark red	dark red	dark red					
Delphinium nudicaule	Red Larkspur			bright red	bright red						
Dicentra formosa	Pacific Bleeding Heart			pink	pink						
Dodecatheon clevelandii	Padre's Shooting Star		pale purple	pale purple							
Eschscholzia californica	California Poppy	orange- yellow									
Fragaria chiloensis	Beach strawberry			white	white	white					
Helianthus gracilentus	Slender Sunflower								yellow, brown center	yellow, brown center	
Heuchera pilosissima	Seaside alumroot			pinkish white	pinkish white						
Lithophragma heterophyllum	Mission Woodland- star			white	white	white					
Lupinus albifrons	Silver Lupine			blue	blue	blue					
Mimulus cardinalis	Scarlet Monkeyflower				red	red					
Monardella macrantha	Red Monardella						red	red	red		
Oenothera californica	California Evening Primrose			white	white						
Paeonia californica	California peony	maroon	maroon	maroon	maroon						
Penstemon centranthifolius	Scarlet Bugler				red	red					
Penstemon laetus	Mountain Blue Penstemon				blue	blue					
Phacelia imbricata	Imbricate Phacelia				white	white					
Potentilla glandulosa	Sticky cinquefoil				creamy yellow	creamy yellow	creamy yellow	creamy yellow	creamy yellow		
Ranunculus californicus	California buttercup		yellow	yellow	yellow	yellow					
Saxifraga californica	California saxifrage			white	white	white					
Sedum spathulifolium	Broadlead Stonecrop					yellow	yellow	yellow	yellow		
Sidalcea malviflora	Dwarf Cherkerbloom			pink	pink	pink					
Silene laciniata	Cardinal Catchfly				red	red	red				
Solidago californica	California Goldenrod								yellow	yellow	
Stachys pycnantha	Shortspike Hedgenettle				white purple	white, purple	white, purple	white, purple			
Tellima grandiflora	Fringe cup			pink	pink	pink					
Trientalis borealis	Starflower			white	white	white					
Verbena lasiostachys	Western Vervain						blue	blue			
				Anı	nual Flow	ers					
Gilia capitata	Bluehead Gilia				blue	blue					
Helenium puberulum	Rosilla					yellow	yellow	yellow	yellow		
Heterotheca grandiflora	Telegraph Weed				yellow	yellow	yellow	yellow	yellow	yellow	yellow
Phacelia tanacetifolia	Tansy Phacelia			light blue	light blue	light blue					

PLANTS THAT ATTRACT POLLINATORS FOR THE CALIFORNIA COASTAL

FOR THE CALIFORNIA COASTAL CHAPARRAL FOREST

The following chart lists plants that attract pollinators. It is not exhaustive, but provides guidance on where to start. Annuals, herbs, weeds, and cover crops provide food and shelter for pollinators, too.

Botanical Name	Common Name	ommon Name Color Hght. Flower Season		Sun	Soil	Visitation by Pollinator	
		Ţ	rees & S	hrubs			
Acer macrophyllum	Big Leaf Maple	reddish green	50′	April-May	sun to partial sun	moist to dry	bees
Adenostemma fasciculatum	chamise	white	4-12′	May-July	sun	dry	bees, flies, beetles
Aesculus californica	California Buckeye	pinkish white	15′	April-May	sun to partial shade	moist	moths, butterflies
Amorpha californica	California False Indigo	purple	6-8'	May-June	partial sun to shade	moist	bees
Arctostaphylos edmundsii	Dwarf Coastal manzanita	white	1-1.5′	April-May	sun to partial sun	moist to dry	bees
Arctostaphylos tomentosa	Woollyleaf Manzanita	white	3-8′	Feb-March	sun to partial sun	moist to dry	bees
Arctostaphylos uva-ursi	Kinnikinnick	white	3-4"	March-June	sun to partial sun	moist to dry	hummingbirds, butterflies
Ceanothus crassifolius	Hoaryleaf Ceanothus	white	12′	April-May	sun to partial sun	moist to dry	bees, flies, beetles, butterflies
Ceanothus oliganthus	Hairy ceanothus	pale blue	3-9′	Feb-April	sun to partial sun	moist to dry	bees, flies, beetles
Ceanothus thyrsiflorus	White Mt. Lilac	white	2-16′	Feb-June	sun to partial sun	moist to dry	bees, flies, beetles
Cornus glabrata	Brown dogwood	white	4-10′	April-May	sun to shade	moist to dry	bees, flies, beetles, butterflies
Diplacus aurantiacus	Orange Sticky Monkey Flower	orange yellow	3-4'	July-September	sun to shade	moist to dry	hummingbirds, bees
Eriogonum fasciculatum	California buckwheat	pink	1-3′	March-July	sun	dry	butterflies and moths
Heteromeles arbutifolia	Toyon	white	5-16′	June-Aug	sun	dry	bees, hummingbirds
Mahonia nervosa	Cascade Barberry	yellow	2'	April-May	partial shade to shade	wet to moist	bees
Mahonia pinnata	Wavyleaf Barberry	yellow	2′	Feb-May	partial shade to shade	wet to moist	bees
Malacothamnus fasciculatus	Mendocino Bushmallow	pink	4-12′	May-August	sun	moist to dry	hummingbirds, bees, flies, beetles, butterflies
Prunus ilicifolia	Hollyleaf Cherry	white	25′	March	sun to partial sun	moist	bees, butterflies
Rhododendron occidentale	Western Azalea	white	6-8′	May	partial sun to partial shade	wet	bees, butterflies
Rhus integrifolia	Lemonade sumac	pale pink	3-8′	June	partial sun to sun	moist to dry	bees, flies, beetles, butterflies
Ribes menziesii	Canyon Gooseberry	maroon - white	6′	April-May	partial sun to shade	moist	humminbirds, bees
Salix exigua	Narrowleaf Willow	cream white	4-15′	April-May	partial shade	wet to moist	butterflies, bees
Salix laevigata	Red Willow	cream white	10-25′	April-May	sun to partial sun	wet to moist	bees
Salvia leucophylla	San Luis Purple Sage	lavender	3-6′	May-June	sun	dry	bees, butterflies, hummingbirds
Salvia mellifera	Black Sage	white to pale blue	3′	May-June	sun	dry	bees, butterflies, hummingbirds
Trichostema lanatum	Woolly Bluecurls	violet	3-4′	May-August	sun	dry	butterflies, hawkmoths, bees
		Pe	rennial F	lowers			
Abronia umbellata	Pink Sand Verbena	rose pink	2-4"	May-August	sun	dry	bees, flies, butterflies, moths
Achillea millefolium var. californica	Yarrow	white	1-4′	March-August	sun	moist to dry	bees, flies, bettles
Achillea millefolium	Pink Yarrow	pink	1-4′	May-August	sun	moist to dry	bees, flies, bettles
Aquilegia formosa	Western columbine	red	12-36"	Feb-May	sun	moist	hummingbirds, bees
Asclepias californica	California Milkweed	violet	12-54"	June	sun	moist to dry	bees, beetles, flies, butterflies







Botanical Name	Common Name	Color	Hght.	Flower Season	Sun	Soil	Visitation by Pollinator
Asclepias eriocarpa	Wollypod Milkweed	creamy white and pale pinkish white	to 60"	June-August	sun	dry	bees, beetles, flies, butterflies
Asclepias fascicularis	Narrowleaf Milkweed	creamy white	to 60"	June-August	sun	dry	bees, beetles, flies, butterflies
Astragalus trichopodus	Santa Barbara Milkvetch	white	8-24′	Feb-June	sun	moist to dry	butterflies, moths
Delphinium cardinale	Scarlet Larkspur	dark red	2-4'	March-May	partial sun to partial shade	moist	hummingbirds, bees
Delphinium nudicaule	Red Larkspur	bright red	2-3"	March-April	partial sun to partial shade	moist	hummingbirds, bees
Dicentra formosa	Pacific Bleeding Heart	pink	12-18′	March-April	partial shade to shade	moist	bees
Dodecatheon clevelandii	Padre's Shooting Star	pale purple	12"	Feb-March	sun	moist	bees
Eschscholzia californica	California Poppy	orange-yellow	12-18"	Jan-August	sun	moist to dry	beetles, bees
Fragaria chiloensis	Beach strawberry	white	6-8"	March-May	sun	moist	bees, beetles, flies, butterflies
Helianthus gracilentus	Slender Sunflower	yellow with brown center	12"	August-September	sun	moist to dry	bees, beetles, flies, butterflies
Heuchera pilosissima	Seaside alumroot	pinkish white	12-18"	March-April	sun to partial sun	moist to dry	flies
Lithophragma heterophyllum	Mission Woodland-star	white	12"	March-May	shade	moist	bees
Lupinus albifrons	Silver Lupine	blue	3-5'	March-May	sun	moist to dry	bees, butterflies
Mimulus cardinalis	Scarlet Monkeyflower	red	3′	April-May	shade	wet to moist	hummingbirds, bees
Monardella macrantha	Red Monardella	red	1′	June-August	partial sun to partial shade	moist to dry	humminbirds, butterflies
Oenothera californica	California Evening Primrose	white	1′	March-April	sun to partial shade	moist to dry	moths
Paeonia californica	California peony	maroon	14-30"	Jan-April	sun to partial shade	moist to dry	beetles
Penstemon centranthifolius	Scarlet Bugler	red	2-4'	April=May	sun	dry	hummingbirds
Penstemon laetus	Mountain Blue Penstemon	blue	2-3′	April-May	sun	moist to dry	bees, wasps
Phacelia imbricata	Imbricate Phacelia	white	8-16"	April-May	partial sun	moist to dry	bees, flies, wasps
Potentilla glandulosa	Sticky cinquefoil	creamy yellow	1-2′	April-August	partial sun to partial shade	wet to moist	bees, beetles, flies, butterflies
Ranunculus californicus	California buttercup	yellow	12-18"	Feb-May	sun to partial sun	moist to dry	bees
Saxifraga californica	California saxifrage	white	12"	March-May	shade	moist	bees
Sedum spathulifolium	Broadlead Stonecrop	yellow	2"	May-August	sun to partial shade	moist to dry	bees, flies, beetles
Sidalcea malviflora	Dwarf Cherkerbloom	pink	2-3'	March-May	sun	moist	bees, flies, beetles, butterflies
Silene laciniata	Cardinal Catchfly	red	2′	April-June	sun to partial sun	moist to dry	hummingbirds
Solidago californica	California Goldenrod	yellow	2-3′	August-September	partial sun to shade	moist to dry	bees, beetles, butterflies
Stachys pycnantha	Shortspike Hedgenettle	white purple	10-12"	April-July	partial sun to partial shade	wet to moist	bees, butterflies
Tellima grandiflora	Fringe cup	pink	2′	March-May	shade	moist	hummingbirds, bees
Trientalis borealis	Starflower	white	2-6"	March-May	shade	moist	bees
Verbena lasiostachys	Western Vervain	blue	2-3′	June-July	sun	moist	bees, Ifies, butterflies
		Α	nnual Fl	owers			
Gilia capitata	Bluehead Gilia	blue	8-15"	April-May	sun	dry	bees, beetles, flies, butterflies
Helenium puberulum	Rosilla	yellow	1-5′	May-August	sun	wet to moist	bees, beetles, flies, butterflies
Heterotheca grandiflora	Telegraph Weed	yellow	1-8′	April-Nov	sun	moist to dry	bees, beetles, flies, butterflies
Phacelia tanacetifolia	Tansy Phacelia	light purple	12-36"	March-May	sun	dry	bees, flies

HABITAT HINTS

FOR THE CALIFORNIA COASTAL CHAPARRAL FOREST

HABITAT REQUIREMENTS FOR BEE-POLLINATED GARDEN FLOWERS AND CROPS											
	Bumble	Digger	Lg Carpenter	Sm Carpenter	Squash/ Gourd	Leafcutter	Mason	Sweat	Plasterer	Yellow- faced	Andrenid
FLOWERS											
Catalpa			Х								
Catnip	Х	х					Х				
Clover		Х									Х
Columbine	Х										
Cow parsley										Х	
Goldenrod	Х	х				Х		Х			
Impatiens	Х										
Irises	Х		Х								
Lavender	Х	Х	Х			Х					
Milkwort								Х			
Morning glory				Х							
Penstemon	х	х					х				
Passion flowers			Х								
Phacelia	Х	Х		Х		Х	Х	Х	Х		Х
Potentilla										Х	
Rose	Х		Х				Х	Х		Х	
Salvia	Х	х	Х			Х	Х				
Saxifrages								Х		Х	
Sorrel				Х							
Sunflowers	Х	х	Х	Х		Х		Х	Х		Х
Violet								Х			Х
Wild Mustard		х							Х		
Willow catkins									Х		Х
					CROPS						
Almond	Х						х				Х
Apple							Х				
Blueberry	Х	х									Х
Cherry							Х				Х
Eggplant	х		Х					Х			
Gooseberry	х										Х
Legumes	х	Х				Х		Х			
Water melon	х							Х			
Squash/ Pumpkins/ Gourds			Х		X						
Tomatoes	х	Х	Х					Х			
Thyme	х	Х					Х	Х		х	



HABITAT AND NESTING REQUIREMENTS:

E SE

Bumble Bees:

Abandoned mouse nests, other rodent burrows, upside down flower pots, under boards, and other human-made cavities. Colonies are founded by a queen in the spring and don't die out in the fall. New queens mate then and overwinter in a sort of hibernation. Bumble bees are usually active during the morning hours and forage at colder temperatures than honey bees, even flying in light rain.

Large carpenter bees:

Soft dead wood, poplar, cottonwood or willow trunks and limbs, structural timbers including redwood. Depending on the species, there may be one or two brood cycles per year. These bees can be active all day even in the hottest weather.

Digger bees:

Sandy soil, compacted soils, bank sides. Anthophorid bees (now in the Apidae) are usually active in the morning hours, but can be seen at other times.

Small carpenter bees:

Pithy stems including roses and blackberry canes. These bees are more active in the morning but can be found at other times.

Squash and Gourd bees:

Sandy soil, may nest in gardens (where pumpkins, squash and gourds are grown) or pathways. These bees are early risers and can be found in pumpkin patches before dawn. Males often sleep in the wilted flowers.

Leafcutter bees:

Pre-existing circular tunnels of various diameters in dead but sound wood created by emerging beetles, some nest in the ground. Leave dead limbs and trees to support not just pollinators but other wildlife. Leafcutter bees can be seen foraging throughout the day even in hot weather.

Mason bees:

Pre-existing tunnels, various diameters in dead wood made by emerging beetles, or human-made nesting substrates, drilled wood boards, paper soda straws inserted into cans attached to buildings. Mason bees are generally more active in the morning hours.

Sweat bees:

Bare ground, compacted soil, sunny areas not covered by vegetation. Like most bees, sweat bees forage for pollen earlier in the morning and then for nectar later.

Plasterer or cellophane bees:

Bare ground, banks or cliffs. Colletid bees can be active in the morning or later in the day.

Yellow-faced bees:

In dead stems. These bees are more active during morning hours.

Andrenid bees:

Sunny, bare ground, sand soil, under leaf litter or in soil in banksides and cliffs. These generally spring-active bees are most commonly seen on flowers during the morning when pollen and nectar resources are abundant.

"MONARCH
BUTTERFLIES
NEVER FAIL TO
CATCH THE
VISITOR'S EYE
AND ALWAYS
LEAD TO
A TEACHABLE
MOMENT."

-- LOGAN LEE, PRAIRIE SUPERVISOR MIDEWIN NATIONAL TALLGRASS PRAIRIE

A BASIC CHECKLIST

BECOME FAMILIAR WITH POLLINATORS IN YOUR LANDSCAPE.

- Watch for activity throughout the day and the seasons.
- Keep a simple notebook of when and what comes to your garden. NOTE: It is not necessary to identify each species when you first get started. Simply note if it is a bee that likes the yellow flower that blooms in the fall.
- Consult a local field guide or web site when you are ready to learn more details.

ADD NATIVE PLANTS TO ATTRACT MORE NATIVE POLLINATORS.

- **%** List the plants you currently have in your landscape.
- Determine when you need additional flowers to provide nectar and pollen throughout the growing season.
- Add plants that provide additional seasons of bloom, create variable heights for shelter, and attract the types of pollinators you want.
- Mon't forget to include host plants that provide food and shelter for larval development.
- Contact your local native plant society or extension agent for more help.

USE POLLINATOR FRIENDLY LANDSCAPE PRACTICES TO SUPPORT THE POLLINATORS YOU ATTRACT.

- W Use Integrated Pest Management Practices to address pest concerns.
- Tolerate a little mess leave dead snags and leaf litter, keep areas bare for ground nesting insects, and leave some weeds that provide food for pollinators.
- Provide safe access to clean water.

NOTICE THE CHANGES THAT YOU HAVE HELPED TO CREATE!





Many books, websites, and people were consulted to gather information for this guide. Use this list as a starting point to learn more about pollinators and plants in your area.

BAILEY'S ECOREGION MAPS

USDA Forest Service

fs.fed.us/land/ecosysmgmt/ecoreg1_home.html

POLLINATION/POLLINATORS

Pollinator Partnership pollinator.org

North American Pollinator Protection Campaign nappc.org

Bee Friendly Gardening pollinator.org/bfg

Natural Resources Conservation Service nrcs.usda.gov

USDA Forest Service fs.fed.us/wildflowers/pollinators/

Wild Farm Alliance wildfarmalliance.org

Xerces Society Pollinator Program xerces.org

Illinois Natural History Survey inhs.uiuc.edu

The Forgotten Pollinators
Buchmann, S.L. and G.P. Nabhan.
1997. Island Press: Washington, DC.

Status of Pollinators in North America 2007. The National Academies Press:

Washington, DC.

NATIVE PLANTS/GARDENING

Plant Conservation Alliance nps.gov/plants

Seeds of Success nps.gov/plants/sos

Lady Bird Johnson Wildflower Center

wildflower.org/plants/

USDA Hardiness Zone Map usna.usda/Hardzone/

U.S. National Arboretum usna.usda.gov/Hardzone/ushzmap.

USDA, NRCS. 2007. The PLANTS Database

plants.usda.gov

NATIVE BEES

Alternative Pollinators: Native Bees National Sustainable Information Service

by Lane Greer, NCAT Agriculture Specialist, Published 1999, ATTRA Publication #IP126 attra.ncat.org/attra-pub/nativebee. html

Plants Attractive to Native Bees Agriculture Research Service ars.usda.gov/Research/docs. htm?docid=12052

Bees of the World

Christopher O'Toole and Anthony Raw. 1999. Blandford. London, UK.

BUTTERFLIES AND MOTHS

Butterflies and Moths of North America.

Opler, Paul A., Harry Pavulaan, Ray E. Stanford, Michael Pogue, coordinators. 2006. butterfliesandmoths.org/

Butterflies of North America

Jim Brock and Kenn Kaufman. 2003. Houghton Mifflin. New York, NY.

North American Butterfly Association naba.org

FEEDBACK

We need your help to create better guides for other parts of North America. Please e-mail your input to feedback@pollinator.org or fax to 415-362-3070.

- **%** How will you use this guide?
- Do you find the directions clear? If not, please tell us what is unclear.
- Is there any information you feel is missing from the guide?
- **%** Any other comments?

THANK YOU
FOR TAKING
THE TIME TO HELP!

























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