

SELECTING

PLANTS

FOR

POLLINATORS



A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS IN THE



# CENTRAL APPALACHIAN BROADLEAF FOREST

FOREST

MEADOW
PROVINCE

INCLUDING THE STATES OF:
MARYLAND, PENNSYLVANIA,
VIRGINIA, WEST VIRGINIA

AND PARTS OF:

GEORGIA, KENTUCKY,

NORTH CAROLINA,

SOUTH CAROLINA, TENNESSEE



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This is one of several guides for different regions in the United States. We welcome your feedback to assist us in making the future guides useful. Please contact us at feedback@pollinator.org

Cover: silver spotted skipper courtesy www.dangphoto.net

### **SELECTING PLANTS FOR POLLINATORS**

# A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS

IN THE

**ECOLOGICAL REGION OF THE** 

# CENTRAL APPALACHIAN BROADLEAF FOREST CONIFEROUS FOREST MEADOW PROVINCE

**INCLUDING THE STATES OF:** 

MARYLAND, PENNSYLVANIA, VIRGINIA,

**WEST VIRGINIA** 

AND PARTS OF:

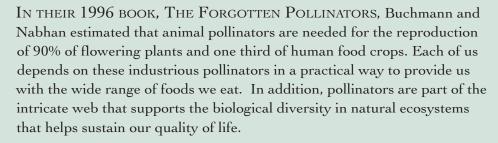
GEORGIA, KENTUCKY,

NORTH CAROLINA, SOUTH CAROLINA, TENNESSEE

A NAPPC AND POLLINATOR PARTNERSHIP PUBLICATION

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## WHY SUPPORT POLLINATORS?



Abundant and healthy populations of pollinators can improve fruit set and quality, and increase fruit size. In farming situations this increases production per acre. In the wild, biodiversity increases and wildlife food sources increase.

Alfalfa, apples, blueberries, and strawberries are some of the crops raised in the Central Appalachian Broadleaf Forest that rely on honey bees and native bees for pollination. Domestic honey bees pollinate approximately \$10 billion worth of crops in the U.S. each year.

Unfortunately, the numbers of both native pollinators and domesticated bee populations are declining. They are threatened by habitat loss, disease, and the excessive and inappropriate use of pesticides. The loss of commercial bees to Colony Collapse Disorder (CCD) has highlighted how severe the issues of proper hive management are to reduce stresses caused by disease, pesticide use, insufficient nutrition, and transportation practices. Currently, the pollination services that the commercial beekeeping industry provides are receiving much needed research and conservation resources. The efforts to understand the threats to commercial bees should help us understand other pollinators and their roles in the environment as well.

It is imperative that we take immediate steps to help pollinator populations thrive. The beauty of the situation is that by supporting pollinators' need for habitat, we support our own needs for food and support diversity in the natural world.

Thank you for taking time to consult this guide. By adding plants to your landscape that provide food and shelter for pollinators throughout their active seasons and by adopting pollinator friendly landscape practices, you can make a difference to both the pollinators and the people that rely on them.

Kelly Bills

Executive Director Pollinator Partnership THE WORLD, AND

WE MUST REMEMBER

THAT POLLINATORS

**ARE A CRITICAL** 

LINK IN OUR FOOD

SYSTEMS."

-- PAUL GROWALD,
CO-FOUNDER,
POLLINATOR PARTNERSHIP







THIS REGIONAL GUIDE IS just one in a series of plant selection tools designed to provide information on how individuals can influence pollinator populations through choices they make when they farm a plot of ground, manage large tracts of public land, or plant a garden. Each of us can have a positive impact by providing the essential habitat requirements for pollinators including food, water, shelter, and enough space to allow pollinators to raise their young.

Pollinators travel through the landscape without regard to property ownership or state boundaries. We've chosen to use R.G. Bailey's classification system to identify the geographic focus of this guide and to underscore the connections between climate and vegetation types that affect the diversity of pollinators in the environment.

Bailey's Ecoregions of the United States, developed by the United States Forest Service, is a system created as a management tool and is used to predict responses to land management practices throughout large areas. This guide addresses pollinator-friendly land management practices in what is known as the Central Appalachian Broadleaf Forest, Coniferous Forest, Meadow Province.

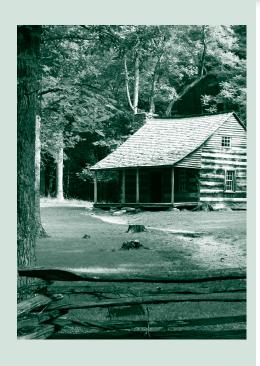
Portions of nine states make up the 68,100 square miles of this forested, mountainous province. The topography is primarily composed of low mountains with greatly varied elevation, ranging from 300 to 6,000 feet. This province features a temperate climate with distinct winter and summer seasonal patterns, and all areas are subject to frost. Average annual temperatures are mild, ranging from 50° to 64°F. Average annual rainfall varies from 35 inches in the valleys to up to 80 inches on the highest peaks.

This province is characterized by vertical zonation. The southern

Appalachian valleys feature a mixed oak-pine forest; above this zone lies the Appalachian oak forest, comprised of birch, beech, maple, elm, red oak, and basswood. Spruce-fir forests are also common on high peaks of the Allegheny and Great Smoky Mountains.

Long before there were homes and farms in this area, the original, natural vegetation provided continuous cover and adjacent feeding opportunities for wildlife, including pollinators. In choosing plants, aim to create habitat for pollinators that allow adequate food shelter, and water sources. Most pollinators have very small home ranges. You can make a difference by understanding the vegetation patterns of the farm, forest, or neighbor's yard adjacent to you and by making planting choices that support the pollinators' need for food and shelter as they move through the landscape.

# UNDERSTANDING THE CENTRAL APPALACHIAN BROADLEAF FOREST

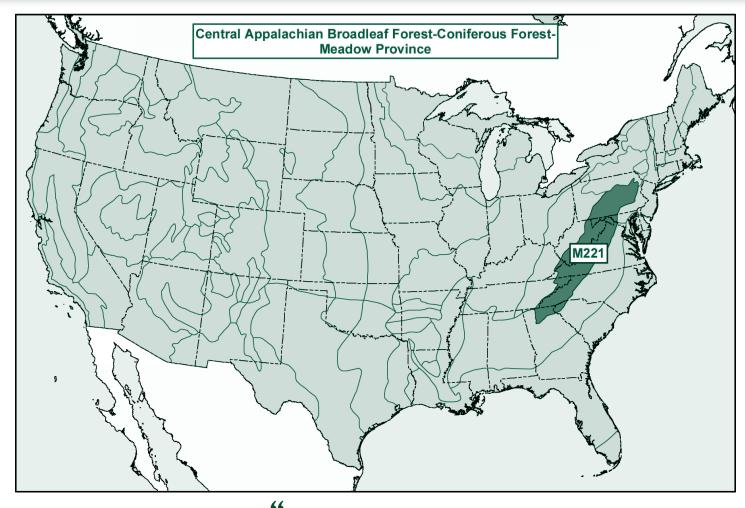


- This region is designated number M221 in the Baileys'
  Ecosystem Provinces. To see a map of the provinces go to:
  fs.fed.us/colorimagemap/ecoregl\_provinces.html
- Not sure about which bioregion you live or work in? Go to pollinator.org and click on Ecoregion Locator for help.
- **%** 68,100 square miles within 9 states.
- **%** Primarily forested and mountainous.
- **%** Elevations ranging from 300 feet to 6,000 feet.
- **%** Average annual temperature range from 50° to 64°F.
- X Average year-round precipitation between 35-80 inches.
- **W** USDA Hardiness Zones 5a-7a (1990 version).

### **CHARACTERISTICS**

- Median Dominated by vertical zonation, with the lower limits of each forest belt rising in elevation toward the south.
- Common tree species include oak, pine, birch, beech, maple, elm, basswood, hemlock, and spruce.
- Chestnut was once abundant, but has now been greatly reduced because of blight.





The Central Appalachian Broadleaf Forest, Coniferous Forest, Meadow Province includes the states of:

> Maryland, Pennsylvania, Virginia, West Virginia

And parts of:

Tennessee

Georgia, Kentucky, North Carolina, South Carolina, ADDING NATIVE PLANTINGS IN RIPARIAN AREAS

TO IMPROVE POLLINATOR HABITAT MAKES

SENSE IN ADVANCING OUR FAMILY FARM'S

CONSERVATION AND ECONOMIC OBJECTIVES,

ENHANCING BENEFICIAL WILDLIFE AND

IMPROVING POLLINATION IN OUR ORCHARD

AND GARDEN.

--LEE MCDANIEL, FARMER AND PRESIDENT, NATIONAL ASSOCIATION OF CONSERVATION DISTRICTS

### MEET THE POLLINATORS



Bombylid fly, or beefly.

#### Gulf Fritillary butterfly.



# WHO ARE THE POLLINATORS?

#### BEES

Bees are well documented pollinators in the natural and agricultural systems of the Central Appalachian Broadleaf Forest. A wide range of crops including apples, alfalfa, strawberries and blueberries are just a few plants that benefit from bee pollinators.

Most of us are familiar with the colonies of honey bees that have been the workhorses of agricultural pollination for years in the United States. They were imported from Europe almost 400 years ago.

There are nearly 4000 species of native ground and twig nesting bees in the U.S. Some form colonies while others live and work a solitary life. Native bees currently pollinate many crops and can be encouraged to do more to support agricultural endeavors if their needs for nesting habitat are met and if suitable sources of nectar, pollen, and water are provided. Bees have tongues of varying lengths that help determine which flowers they can obtain nectar and pollen from.

The bumble bee (Bombus spp.) forms small colonies, usually underground. They are generalists, feeding on a wide range of plant material from February to November and are important pollinators of tomatoes. The sweat bee (family Halictidae) nests underground. Various species are solitary while others form loose colonies.

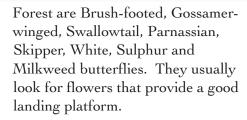
Solitary bees include carpenter bees (*Xylocopa* spp.), which nest in wood; digger, or polyester bees (*Colletes* spp.), which nest underground; leafcutter bees (*Megachile* spp.), which prefer dead trees or branches for their nest sites; and mason bees (*Osmia* spp.), which utilize cavities that they find in stems and dead wood. Cactus bees (*Diadasia* spp.) are also solitary ground nesters.

#### BUTTERFLIES

Gardeners have been attracting butterflies to their gardens for some time. These insects tend to be eye-catching, as are the flowers that attract them. Position flowering plants where they have full sun and are protected from the wind. Also, you will need to provide open areas (e.g. bare earth, large stones) where butterflies may bask, and moist soil from which they may get needed minerals. By providing a safe place to eat and nest, gardeners can also support the pollination role that butterflies play in the landscape. It might mean accepting slight damage to the plants, known as host plants, that provide food for the larval stage of the butterfly.

A diverse group of butterflies are present in garden areas and woodland edges that provide bright flowers, water sources, and specific host plants. Numerous trees, shrubs, and herbaceous plants support butterfly populations.

Butterflies are in the Order *Lepidoptera*. Some of the species in the Central Appalachian Broadleaf



Wet mud areas provide butterflies with both the moisture and minerals they need to stay healthy. Butterflies eat rotten fruit and even dung, so don't clean up all the messes in your garden!

#### **MOTHS**

Moths are most easily distinguished from butterflies by their antennae. Butterfly antennae are simple with a swelling at the end. Moth antennae differ from simple to featherlike, but never have a swelling at the tip. In addition, butterflies typically are active during the day; moths at night. Butterfly bodies are not very hairy, while moth bodies are quite hairy and more stout.

Moths, generally less colorful than butterflies, also play a role in pollination. They are attracted to flowers that are strongly sweet smelling, open in late afternoon or night, and are typically white or pale colored.

#### **BEETLES**

Over 30,000 species of beetles are found in the United States and many of them can be found on flower heads. Gardeners have yet to intentionally draw beetles to their gardens, possibly because beetle watching isn't as inspiring

as butterfly or bird watching. Yet beetles do play a role in pollination. Some have a bad reputation because they can leave a mess behind, damaging plant parts that they eat. Beetles are not as efficient as some pollinators. They wander between different species, often dropping pollen as they go.

Beetle pollinated plants tend to be large, strong scented flowers with their sexual organs exposed. They are known to pollinate Magnolia, sweetshrub (*Calycanthus*), paw paws, and yellow pond lilies.

#### **FLIES**

It may be hard to imagine why one would want to attract flies to the garden. However, like beetles, the number of fly species and the fact that flies are generalist pollinators (visit many species of plants), should encourage us all to leave those flies alone and let them do their job as pollinators.

Recent research indicates that flies primarily pollinate small flowers that bloom under shade and in seasonally moist habitats. The National Research Council's *Status of Pollinators in North America* study states that flies are economically important as pollinators for a range of annual and bulbous ornamental flowers.

Plants pollinated by the fly include the American pawpaw (Asimina triloba), dead horse arum (Helicodiceros muscivorus), skunk cabbage (Symplocarpus foetidus), goldenrod (Solidago spp.), and

members of the carrot family like Queen Anne's lace (*Daucus carota*).

#### **BIRDS**

Hummingbirds are the primary birds which play a role in pollination in North America. Their long beaks and tongues draw nectar from tubular flowers. Pollen is carried on both the beaks and feathers of different hummingbirds. The regions closer to the tropics, with warmer climates, boast the largest number of hummingbird species and the greatest number of native plants to support the bird's need for food. White-winged doves (Zenaida asiatica) are also pollinators of the saguaro cactus (Carnegeia gigantea) in the south central United States.

Bright colored tubular flowers attract hummingbirds to gardens throughout the United States. Hummingbirds can see the color red; bees cannot. Many tropical flowers, grown as annuals in the Central Appalachian Broadleaf Forest, along with native woodland edge plants, attract hummingbirds.

#### **BATS**

Though bats in the Central Appalachian Broadleaf Forest are not pollinators, bats play an important role in pollination in the southwest where they feed on agave and cactus. The long-nosed bats' head shape and long tongue allows it to delve into flower blossoms and extract both pollen and nectar.





NOT ALL POLLINATORS ARE found in each North American province, and some are more important in different parts of the United States. Use this page as a resource to understand the plants and pollinators where you live.

Plants can be grouped together based on the similar characteristics of their flowers. These floral characteristics can be useful to predict the type of pollination method or animal that is most effective for that group of plants. This association between floral characteristics and pollination method is called a pollination syndrome.

The interactions of animal pollinators and plants have influenced the evolution of both groups of organisms. A mutualistic relationship between the pollinator and the plant species helps the pollinator find necessary pollen and nectar sources and helps the plant reproduce by ensuring that pollen is carried from one flower to another.

| Plant            |  |   |                                     |  |  |
|------------------|--|---|-------------------------------------|--|--|
| Trait            | Bats   | Bees  | Beetles                             |  |  |
| Color            | Dull white, green<br>or purple                 | Bright white,<br>yellow,<br>blue, or UV       | Dull white or<br>green              |  |  |
| Nectar<br>guides | Absent   | Present                                       | Absent                              |  |  |
| Odor             | Strong musty;<br>emitted at night              | Fresh, mild,<br>pleasant                      | None to strongly<br>fruity or fetid |  |  |
| Nectar           | Abundant;<br>somewhat<br>hidden                | Usually present                               | Sometimes<br>present;<br>not hidden |  |  |
| Pollen           | Ample  | Limited; often<br>sticky<br>and scented       | Ample                               |  |  |
| Flower<br>Shape  | Regular; bowl<br>shaped – closed<br>during day | Shallow; have<br>landing platform;<br>tubular | Large bowl-like,<br>Magnolia        |  |  |

This chart and more information on pollinator syndromes can be found at:



# AND THE POLLINATORS THEY ATTRACT

# **Pollinator**

| Birds   | Butterflies                                   | Flies  | Moths                                       | Wind   |
|---|---|--|---|--|
| Scarlet, orange,<br>red<br>or white                 | Bright, including red and purple              | Pale and dull to<br>dark brown or purple;<br>flecked with translucent<br>patches | Pale and dull red,<br>purple, pink or white | Dull green, brown, or<br>colorless;<br>petals absent<br>or reduced |
| Absent  | Present                                       | Absent   | Absent                                      | Absent   |
| None  | Faint but fresh                               | Putrid   | Strong sweet;<br>emitted at night           | None   |
| Ample; deeply<br>hidden                             | Ample; deeply<br>hidden                       | Usually absent   | Ample; deeply<br>hidden                     | None   |
| Modest  | Limited                                       | Modest in amount   | Limited                                     | Abundant; small, smooth, and not sticky                            |
| Large funnel<br>like; cups, strong<br>perch support | Narrow tube with<br>spur; wide<br>landing pad | Shallow; funnel like or complex and trap-like                                    | Regular; tubular<br>without a lip           | Regular; small and stigmas exerted                                 |

http://fs.fed.us/wildflowers/pollinators/syndromes.shtml

# DEVELOPING LANDSCAPE PLANTINGS THAT PROVIDE POLLINATOR HABITAT

WHETHER YOU ARE A FARMER of many acres, land manager of a large tract of land, or a gardener with a small lot, you can increase the number of pollinators in your area by making conscious choices to include plants that provide essential habitat for bees, butterflies, moths, beetles, hummingbirds and other pollinators.

#### FOOD:

Flowers provide nectar (high in sugar and necessary amino acids) and pollen (high in protein) to pollinators.

Fermenting fallen fruits also provide food for bees, beetles and butterflies. Specific plants, known as host plants, are eaten by the larvae of pollinators such as butterflies.

- Plant in groups to increase pollination efficiency. If a pollinator can visit the same type of flower over and over, it doesn't have to relearn how to enter the flower and can transfer pollen to the same species, instead of squandering the pollen on unreceptive flowers.
- Plant with bloom season in mind, providing food from early spring to late fall. (see Bloom Periods pp.16-17)
- Plant a diversity of plants to support a variety of pollinators. Flowers of different color, fragrance, and season of bloom on plants of different heights will attract different pollinator species and provide pollen and nectar throughout the seasons.
- Many herbs and annuals, although

not native, are very good for pollinators. Mint, oregano, garlic, chives, parsley and lavender are just a few herbs that can be planted. Old fashioned zinnias, cosmos, and single sunflowers support bees and butterflies.

- Recognize weeds that might be a good source of food. For example, dandelions provide nectar in the early spring before other flowers open. Plantain is alternate host for the Baltimore Checkerspot.
- Learn and utilize Integrated Pest Management (IPM) practices to address pest concerns. Minimize or eliminate the use of pesticides.

#### SHELTER:

Pollinators need protection from severe weather and from predators as well as sites for nesting and roosting.

- Incorporate different canopy layers in the landscape by planting trees, shrubs, and different-sized perennial plants.
- Leave dead snags for nesting sites of bees, and other dead plants and leaf litter for shelter.
- Build bee boxes to encourage solitary, non-aggressive bees to nest on your property.
- Leave some areas of soil uncovered to provide ground nesting insects easy access to underground tunnels.
- Group plantings so that pollinators can move safely through the landscape protected from predators.
- Include plants that are needed

by butterflies during their larval development.

#### **WATER:**

A clean, reliable source of water is essential to pollinators.

- Natural and human-made water features such as running water, pools, ponds, and small containers of water provide drinking and bathing opportunities for pollinators.
- Ensure the water sources have a shallow or sloping side so the pollinators can easily approach the water without drowning.

Your current landscape probably includes many of these elements. Observe wildlife activity in your farm fields, woodlands, and gardens to determine what actions you can take to encourage other pollinators to feed and nest. Evaluate the placement of individual plants and water sources and use your knowledge of specific pollinator needs to guide your choice and placement of additional plants and other habitat elements. Minor changes by many individuals can positively impact the pollinator populations in your area. Watch for - and enjoy - the changes in your landscape!

• CAUTION: Remember that pesticides are largely toxic to pollinators. Extreme caution is warranted if you choose to use any pesticide. Strategically apply pesticides only for problematic target species.



Alfalfa, blueberries, apples and strawberries are a few of the food crops in the Central Appalachian Broadleaf Forest Province that will benefit from strong native bee populations that boost pollination efficiency. Incorporate different plants throughout the farm that provide food for native populations when targeted crops are not in flower.

Farmers have many opportunities to incorporate pollinator-friendly land management practices on their land which will benefit the farmer in achieving his or her production goals:

- Manage the use of pesticides to reduce the impact on native pollinators. Spray when bees aren't active (just after dawn) and choose targeted ingredients.
- Carefully consider the use of

herbicides. Perhaps the targeted weeds can provide needed food for pollinators.

- Minimize tillage to protect ground nesting pollinators.
- Ensure water sources are scattered throughout the landscape.
- Choose a variety of native plants to act as windbreaks, riparian buffers, and field borders throughout the farm.
- Plant unused areas of the farm with temporary cover crops that can provide food or with a variety of trees, shrubs, and flowers that provide both food and shelter for pollinators.
- Check with your local Natural Resources Conservation Service (NRCS) office to see what technical and financial support might be available to assist you in your effort to provide nectar, pollen, and larval food sources for pollinators on your farm.

# FOOD SUPPLIES FOR

BEES ARE CRITICAL

TO MAINTAINING

**STRONG HIVES** 

**FOR ALMOND** 

**POLLINATION** 

THE FOLLOWING

WINTER.

-- DAN CUMMINGS, CHICO, CALIFORNIA ALMOND GROWER.



### **PUBLIC LANDS**

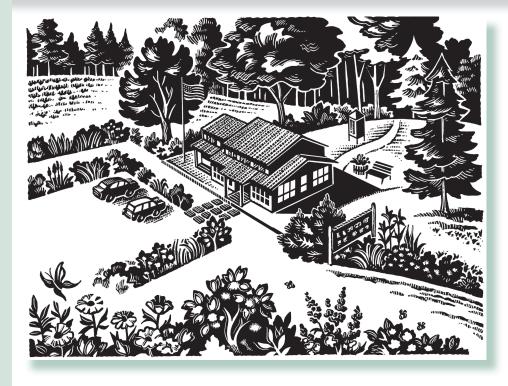
FROM **HUMMINGBIRDS** TO BEETLES, TO BUTTERFLIES, **NATURE'S** POLLINATORS HELP **KEEP MIDEWIN'S** TALLGRASS PRAIRIE RESTORATIONS **FULL OF DIVERSE FLOWERING** PLANTS. INSECT MONITORING

-- LOGAN LEE PRAIRIE SUPERVISOR, MIDEWIN NATIONAL TALLGRASS PRAIRIE

PROVIDES A KEY

SUCCESS.

MEASURE OF OUR



Public lands are maintained for specific reasons ranging from high impact recreation to conservation. In the Central Appalachian Broadleaf Forest, forests have been cut to allow for roads, buildings, open lawn areas, boat ramps, and vistas. Less disturbed natural areas can be augmented with plantings of native plant species. Existing plantings around buildings and parking areas should be evaluated to determine if pollinator-friendly plants can be substituted or added to attract and support pollinators. Public land managers have a unique opportunity to use their plantings as an education tool to help others understand the importance of pollinators in the environment through signs, brochures, and public programs.

In an effort to increase populations of pollinators the land manager can:

- Inventory and become knowledgeable of local pollinators.
- Provide connectivity between vegetation areas by creating corridors of perennials, shrubs, and trees that provide pollinators shelter and food as they move through the landscape.
- Maintain a minimum of lawn areas that support recreational needs.
- Restrict the use of pesticides and herbicides.
- Provide water sources in large open areas.
- Maintain natural meadows and openings that provide habitats for sun-loving wildflowers and grasses.
- Remove invasive species and encroaching shrubs and trees.





"A GARDEN IS
ONLY AS RICH AND
BEAUTIFUL AS THE
INTEGRAL HEALTH
OF THE SYSTEM;
POLLINATORS
ARE ESSENTIAL TO
THE SYSTEM - MAKE
YOUR HOME THEIR
HOME."

-- DERRY MACBRIDE NATIONAL AFFAIRS AND LEGISLATION CHAIRWOMAN, GARDEN CLUB OF AMERICA Gardeners have a wide array of plants to use in their gardens. Native plants, plants introduced from years of plant exploration from around the world, and plants developed by professional and amateur breeders can be found in garden centers, in catalogs, and on web-sites. Use your knowledge of pollinator needs to guide your choices.

- Choose a variety of plants that will provide nectar and pollen throughout the growing season.
- Resist the urge to have a totally manicured lawn and garden. Leave bare ground for ground nesting bees. Leave areas of dead wood and leaf litter for other insects.
- Strive to eliminate the use of all pesticides.
- Find local resources to help you in your efforts. Contact your local county extension agent or native plant society. Visit your regional botanic gardens and arboreta.

The scale of your plantings will vary but it is important to remember that you are trying to provide connectivity to the landscape adjacent to your property. Don't just look within your property boundaries. If your neighbor's property provides an essential element, such as water, which can be utilized by pollinators visiting your land, you may be able to devote more space to habitat elements that are missing nearby. It is best to use native plants which have evolved to support the needs of specific native pollinators. Some pollinators, however, are generalists and visit many different plants, both native and non-native. Be sure that any non-native plants you choose to use are not invasive. Remember that specialized cultivars sometimes aren't used by pollinators. Flowers that have been drastically altered, such as those that are double or a completely different color than the wild species, often prevent pollinators from finding and feeding on the flowers. In addition, some altered plants don't contain the same nectar and pollen resources that attract pollinators to the wild types.

• CAUTION: Take time to evaluate the source of your plant material. You want to ensure you get plants that are healthy and correctly identified. Your local native plant society can help you make informed decisions when searching for plants.





### FOR THE CENTRAL APPALACHIAN BROADLEAF FOREST

The following chart lists plants and the time they are in bloom throughout the growing seasons. Choose a variety of flower colors and make sure something is blooming at all times! Note for all charts: When more than one species of the same genus is useful, the genus name is followed by "spp."

| Botanical Name                        | Common Name                  | March              | April              | May                               | June                                     | July            | Aug                 | Sept              | Oct | Nov |  |  |
|---------------------------------------|------------------------------|--------------------|--------------------|-----------------------------------|--|-----------------|---------------------|-------------------|-----|-----|--|--|
|                                       |                              |                    |                    | s & Shrubs                        |  |                 |                     |                   |     |     |  |  |
| Aesculus flava                        | Yellow Buckeye               |                    | yellow             |                                   |  |                 |                     |                   |     |     |  |  |
| Alnus serrulata                       | Tag Alder                    | brown              |                    |                                   |  |                 |                     |                   |     |     |  |  |
| Betula nigra                          | River Birch                  | bownish-<br>green  | bownish-<br>green  |                                   |  |                 |                     |                   |     |     |  |  |
| Calycanthus floridus                  | Sweet Shrub                  |                    | red                | red                               |  |                 |                     |                   |     |     |  |  |
| Cladrastis kentukea                   | Yellow-wood                  |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Clethra acuminata                     | Mountain Pepperbush          |                    |                    |                                   |  | white           | white               |                   |     |     |  |  |
| Cornus alternifolia                   | Pagoda Dogwood               |                    |                    | white                             | white                                    |                 |                     |                   |     |     |  |  |
| Cornus amomum                         | Silky Dogwood                |                    |                    | white                             | white                                    |                 |                     |                   |     |     |  |  |
| Cornus florida                        | Flowering Dogwood            |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Diervilla sessilifolia                | Southern Bush<br>Honeysuckle |                    |                    |                                   | yellow                                   | yellow          | yellow              |                   |     |     |  |  |
| Euonymus americanus                   | Hearts-a-bustin'             |                    |                    | greenish-white                    | greenish-<br>white                       |                 |                     |                   |     |     |  |  |
| Halesia tetraptera var. tetraptera    | Silverbell                   |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Hydrangea arborescens                 | Smooth Hydrangea             |                    |                    | white                             | white                                    |                 |                     |                   |     |     |  |  |
| Hypericum densiflorum                 | Bushy St. John's-wort        |                    |                    |                                   | yellow                                   | yellow          | yellow              |                   |     |     |  |  |
| Kalmia latifolia                      | Mountain Laurel              |                    |                    | pale pink                         | pale pink                                |                 |                     |                   |     |     |  |  |
| Leucothoe fontanesiana                | Doghobble                    |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Liriodendron tulipifera               | Tulip Poplar                 |                    | light orange       | light orange                      |  |                 |                     |                   |     |     |  |  |
| Magnolia acuminata                    | Cucumber Tree                |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Oxydendrum arboreum                   | Sourwood                     |                    |                    |                                   | white                                    | white           |                     |                   |     |     |  |  |
| Prunus serotina                       | Black Cherry                 |                    | white              | white                             |  |                 |                     |                   |     |     |  |  |
| Rhododendron arborescens              | Sweet Azalea                 |                    |                    |                                   | white to pink                            | white to pink   |                     |                   |     |     |  |  |
| Rhododendron calendulaceum            | Flame Azalea                 |                    |                    | orange, yellow,<br>reddish-orange | orange,<br>yellow,<br>reddish-<br>orange |                 |                     |                   |     |     |  |  |
| Rhododendron carolinianum             | Punctatum                    |                    | pink               | pink                              |  |                 |                     |                   |     |     |  |  |
| Rhododendron catawbiense              | Catawba Rhododendron         |                    |                    |                                   | red to reddish-<br>pink                  |                 |                     |                   |     |     |  |  |
| Rhododendron maximum                  | Great Laurel                 |                    |                    |                                   | white                                    | white           |                     |                   |     |     |  |  |
| Rhus copallinum var. copallinum       | Winged Sumac                 |                    |                    |                                   | greenish-<br>yellow                      | greenish-yellow | greenish-<br>yellow |                   |     |     |  |  |
| Rosa carolina                         | Carolina Rose                |                    |                    | pink                              | pink                                     |                 |                     |                   |     |     |  |  |
| Rubus odoratus                        | Flowering Raspberry          |                    |                    |                                   | purple-rose                              | purple-rose     | purple-rose         |                   |     |     |  |  |
| Stewartia ovata                       | Mountain Camellia            |                    |                    |                                   | white                                    | white           |                     |                   |     |     |  |  |
| Viburnum cassinoides                  | With-rod                     |                    |                    | white                             | white                                    |                 |                     |                   |     |     |  |  |
| Xanthorhiza simplicissima             | Yellowroot                   | purplish-<br>brown | purplish-<br>brown | purplish-brown                    |  |                 |                     |                   |     |     |  |  |
| Perennial Flowers                     |                              |                    |                    |                                   |  |                 |                     |                   |     |     |  |  |
| Actaea racemosa                       | Black Cohosh                 |                    |                    | white                             | white                                    | white           | white               | white             |     |     |  |  |
| Actaea podocarpa                      | Yellow Cohosh                |                    |                    | white                             | white                                    |                 |                     |                   |     |     |  |  |
| Aruncus dioicus var. dioicus          | Eastern Goatsbeard           |                    |                    |                                   | white                                    | white           |                     |                   |     |     |  |  |
| Asclepias exaltata                    | Tall Milkweed                |                    |                    |                                   | yellow                                   | yellow          |                     |                   |     |     |  |  |
| Baptisia tinctoria                    | Yellow Wild indigo           |                    |                    |                                   |  |                 |                     |                   |     |     |  |  |
| Chelone lyonii                        | Appalachian Turtlehead       |                    |                    |                                   |  | pink            | pink                |                   |     |     |  |  |
| Coreopsis pubescens var.<br>pubescens | Hairy Coreopsis              |                    |                    |                                   |  | golden-yellow   | golden-yellow       | golden-<br>yellow |     |     |  |  |

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|    | Botanical Name                                   | Common Name                  | March | April        | May                    | June                   | July                         | Aug                                | Sept                               | Oct                               | Nov                 |
|----|--|------------------------------|-------|--------------|------------------------|------------------------|------------------------------|------------------------------------|------------------------------------|-----------------------------------|---------------------|
|    | Dicentra eximia                                  | Wild Bleeding Heart          |       | rose-pink    | rose-pink              | rose-pink              |                              |                                    |                                    |                                   |                     |
|    | Diphylleia cymosa                                | Umbrella Leaf                |       |              | white                  | white                  |                              |                                    |                                    |                                   |                     |
| ١  | Eupatoriadelphus fistulosus                      | Hollow-stem Joe-pye-<br>weed |       |              |                        |                        | lavender pink                | lavender pink                      | lavender<br>pink                   |                                   |                     |
| ۱  | Eurybia divaricata                               | White Wood Aster             |       |              |                        |                        |                              | white with<br>yellow center        | white<br>with<br>yellow<br>center  | white<br>with<br>yellow<br>center |                     |
|    | Galax urceolata                                  | Galax                        |       |              | white                  | white                  | white                        |                                    |                                    |                                   |                     |
| (  | Gentianella quinquefolia ssp.<br>quinquefolia    | Eastern Aqueweed             |       |              |                        |                        |                              | blue                               | blue                               | blue                              |                     |
|    | Geranium maculatum                               | Wild Geranium                |       | pink to rose | pink to rose           |                        |                              |                                    |                                    |                                   |                     |
|    | Helianthus atrorubens                            | Appalachian Sunflower        |       |              |                        |                        | yellow with<br>purple center | yellow with<br>purple center       | yellow<br>with<br>purple<br>center |                                   |                     |
|    | Helianthus microcephalus                         | Small-headed Sunflower       |       |              |                        |                        |                              | yellow                             | yellow                             |                                   |                     |
|    | Heuchera villosa                                 | Rock Alumroot                |       |              |                        |                        | white                        | white                              |                                    |                                   |                     |
|    | Hexastylis shuttleworthii var.<br>shuttleworthii | Large-flowered Heartleaf     |       |              | brown                  | brown                  |                              |                                    |                                    |                                   |                     |
|    | Hylotelephium telephioides                       | Appalachian Live-forever     |       |              |                        |                        | pink                         | pink                               | pink                               |                                   |                     |
|    | Iris cristata                                    | Crested Iris                 |       | blue         | blue                   |                        |                              |                                    |                                    |                                   |                     |
|    | Liatris scariosa var. scariosa                   | Northern Blazing-star        |       |              |                        |                        |                              | rosy-pink                          | rosy-pink                          |                                   |                     |
|    | Liatris spicata var. spicata                     | Dense Blazing-star           |       |              |                        |                        | rosy-pink                    | rosy-pink                          | rosy-pink                          |                                   |                     |
|    | Lilium michauxii                                 | Carolina Lily                |       |              |                        |                        | orange-red with purple spots | orange-red<br>with purple<br>spots |                                    |                                   |                     |
|    | Lilium superbum                                  | Turk's-cap Lily              |       |              |                        |                        | orange to<br>yellow          | orange to<br>yellow                |                                    |                                   |                     |
|    | Lobelia cardinalis                               | Cardinal Flower              |       |              |                        |                        | red                          | red                                | red                                |                                   |                     |
|    | Lobelia siphilitica                              | Great Blue Lobelia           |       |              |                        |                        | blue                         | blue                               | blue                               |                                   |                     |
|    | Monarda didyma                                   | Bee Balm                     |       |              |                        |                        | scarlet red                  | scarlet red                        | scarlet<br>red                     |                                   |                     |
|    | Penstemon canescens                              | Appalachian<br>Beardtongue   |       |              | violet                 | violet                 |                              |                                    |                                    |                                   |                     |
|    | Penstemon smallii                                | Blue Ridge Beardtongue       |       |              | deep pink to<br>purple | deep pink to<br>purple |                              |                                    |                                    |                                   |                     |
|    | Phemeranthus teretifolius                        | Appalachian Fameflower       |       |              |                        | pink                   | pink                         | pink                               | pink                               |                                   |                     |
| P. | hlox divaricata ssp. divaricata                  | Eastern Blue Phlox           |       | blue         | blue                   |                        |                              |                                    |                                    |                                   |                     |
|    | Phlox stolonifera                                | Creeping Phlox               |       | blue         | blue                   |                        |                              |                                    |                                    |                                   |                     |
|    | Rudbeckia laciniata                              | Green-headed<br>Coneflower   |       |              |                        |                        | yellow                       | yellow                             | yellow                             | yellow                            |                     |
|    | Rudbeckia triloba                                | Brown-eyed Susan             |       |              |                        |                        | yellow                       | yellow                             | yellow                             |                                   |                     |
|    | Sanguinaria canadensis                           | Bloodroot                    | white | white        |                        |                        |                              |                                    |                                    |                                   |                     |
|    | Sedum glaucophyllum                              | Cliff Stonecrop              |       |              | white                  | white                  |                              |                                    |                                    |                                   |                     |
|    | Silene virginica                                 | Fire Pink                    |       |              | red                    | red                    | red                          |                                    |                                    |                                   |                     |
|    | Solidago curtisii                                | Curtis's Goldenrod           |       |              |                        |                        |                              | yellow                             | yellow                             | yellow                            |                     |
|    | Solidago roanensis                               | Roan Mt. Goldenrod           |       |              |                        |                        | yellow                       | yellow                             | yellow                             |                                   |                     |
| 2  | Symphyotrichum cordifolium                       | Blue Wood Aster              |       |              |                        |                        |                              |                                    | blue                               | blue                              |                     |
| 5  | Symphyotrichum undulatum                         | Wavy-leaved Aster            |       |              |                        |                        |                              | blue to lilac                      | blue to<br>lilac                   | blue to<br>lilac                  | blue<br>to<br>lilac |
|    | Thermopsis villosa                               | Aaron's-rod                  |       |              | yellow                 | yellow                 |                              |                                    |                                    |                                   |                     |
|    | Tiarella cordifolia                              | Foamflower                   |       | white        | white                  |                        |                              |                                    |                                    |                                   |                     |
|    | Trillium luteum                                  | Yellow Trillium              |       | yellow       | yellow                 | yellow                 |                              |                                    |                                    |                                   |                     |
|    | Vernonia noveboracensis                          | Ironweed                     |       |              |                        |                        |                              | purple                             | purple                             |                                   |                     |
|    |  |                              |       |              | Vines                  |                        |                              |                                    |                                    |                                   |                     |
|    | Aristolochia macrophylla                         | Dutchman's Pipe              |       |              | brown                  | brown                  |                              |                                    |                                    |                                   |                     |
|    | Clematis virginiana                              | Virgin's Bower               |       |              |                        |                        | white                        | white                              | white                              |                                   |                     |
|    | Parthenocissus quinquefolia                      | Virginia Creeper             |       |              |                        | yellowish-<br>green    | yellowish-green              |                                    |                                    |                                   |                     |



## FOR THE CENTRAL APPALACHIAN BROADLEAF FOREST

The following chart lists plants that attract pollinators. It is not exhaustive, but provides guidance on where to start. Annuals, herbs, weeds, and cover crops provide food and shelter for pollinators, too.

| Botanical Name                                 | Common Name                  | Color                             | Height  | Flower<br>Season   | Sun                       | Soil                               | Visitation by<br>Pollinator          | Also a<br>host plan |
|--|------------------------------|-----------------------------------|---------|--------------------|---------------------------|------------------------------------|--------------------------------------|---------------------|
|  |                              |                                   |         | Trees & Sh         | rubs                      |                                    |                                      |                     |
| Aesculus flava                                 | Yellow Buckeye               | yellow                            | 80'+    | April              | sun to shade              | moist, well drained                | hummingbirds, bees                   | Х                   |
| Alnus serrulata                                | Tag Alder                    | brown                             | 12-20′  | February-<br>March | sun to partial shade      | moist to wet                       | bees, wind                           | х                   |
| Betula nigra                                   | River Birch                  | bownish-green                     | 50-75'  | March-April        | shade to partial<br>shade | moist                              | wind                                 | Х                   |
| Calycanthus floridus                           | Sweet Shrub                  | red                               | 4-6"    | April-May          | shade to partial<br>shade | moist                              | beetles                              |                     |
| Cladrastis kentukea                            | Yellow-wood                  | white                             | 30-50'  | April-May          | shade to sun              | moist                              | bees, butterflies                    |                     |
| Clethra acuminata                              | Mountain Pepperbush          | white                             | 7-12′   | July-August        | shade to sun              | moist                              | hummingbirds, butterflies, honeybees |                     |
| Cornus alternifolia                            | Pagoda Dogwood               | white                             | 15-25′  | May-June           | partial shade             | moist                              | butterflies, bees, flies             | Х                   |
| Cornus amomum                                  | Silky Dogwood                | white                             | 4-10'   | May-June           | sun                       | moist to wet                       | bees, flies, butterflies             | Х                   |
| Cornus florida                                 | Flowering Dogwood            | white                             | 15-30′  | April-May          | sun to partial shade      | moist, well-drained                | butterflies, bees, flies             | Х                   |
| Diervilla sessilifolia                         | Southern Bush<br>Honeysuckle | yellow                            | 4-5′    | June-August        | sun to partial shade      | moist                              | bumblebees, hummingbirds             |                     |
| Euonymus americanus                            | Hearts-a-bustin'             | greenish-white                    | 3-6′    | May-June           | shade to partial<br>shade | moist                              | bees, beetles, flies, ants           | х                   |
| Halesia tetraptera var.<br>tetraptera          | Silverbell                   | white                             | 30-40′  | April-May          | shade to sun              | moist                              | butterflies, bees                    |                     |
| Hydrangea arborescens                          | Smooth Hydrangea             | white                             | 4-5'    | May-June           | shade to partial<br>shade | moist                              | butterflies, bees                    |                     |
| Hypericum densiflorum                          | Bushy St. John's-wort        | yellow                            | 2-6′    | June-August        | sun                       | moist to wet, acidic               | bees                                 |                     |
| Kalmia latifolia                               | Mountain Laurel              | pale pink                         | 8-20'   | May-June           | shade to partial<br>shade | dry to moist, well-drained         | butterflies, hummingbirds            |                     |
| Leucothoe fontanesiana                         | Doghobble                    | white                             | 18-24"  | April-May          | shade to partial<br>shade | moist                              | bees, butterflies                    |                     |
| Liriodendron tulipifera                        | Tulip Poplar                 | light orange                      | to 100' | April-May          | shade to partial<br>shade | moist                              | bees                                 | х                   |
| Magnolia acuminata                             | Cucumber Tree                | white                             | 60-80'  | April-May          | sun to shade              | moist, calcareous or mafic         | bees, beetles                        |                     |
| Oxydendrum arboreum                            | Sourwood                     | white                             | to 50'  | June-July          | sun to shade              | dry to dry-mesic, acidic           | bees, butterflies                    | Х                   |
| Prunus serotina                                | Black Cherry                 | white                             | 60-90'  | April-May          | shade to sun              | moist                              | butterflies, bees, flies, wasps      | Х                   |
| Rhododendron arborescens                       | Sweet Azalea                 | white to pink                     | 8-12'   | June-July          | sun to partial shade      | moist, acidic                      | butterflies, hummingbirds            | Х                   |
| Rhododendron<br>calendulaceum                  | Flame Azalea                 | orange, yellow,<br>reddish-orange | 4-8'    | May-June           | sun to shade              | dry to moist, well-drained, acidic | butterflies, hummingbirds            | Х                   |
| Rhododendron carolinianum                      | Punctatum                    | pink                              | 3-6′    | April-May          | sun to partial shade      | dry, acidic                        | hummingbirds, butterflies            |                     |
| Rhododendron catawbiense                       | Catawba Rhododendron         | red to reddish-pink               | 6-10'   | June               | sun to partial shade      | moist                              | hummingbirds, butterflies            |                     |
| Rhododendron maximum                           | Great Laurel                 | white                             | 6-25'   | June-July          | shade to shade            | moist, acidic                      | hummingbirds, butterflies            |                     |
| Rhus copallinum var.<br>copallinum             | Winged Sumac                 | greenish-yellow                   | 20-30'  | June-July          | sun to partial shade      | dry                                | butterflies, wasps, flies, bees      | Х                   |
| Rosa carolina                                  | Carolina Rose                | pink                              | 3-6'    | May-June           | sun to partial shade      | moist                              | bees, flies, beetles                 | Х                   |
| Rubus odoratus                                 | Flowering Raspberry          | purple-rose                       | 4-6'    | June-August        | sun to partial shade      | moist                              | butterflies, flies, wasps, bees      |                     |
| Stewartia ovata                                | Mountain Camellia            | white                             | 10-15'  | June-July          | shade to partial<br>shade | moist, acidic                      | beetles, bees, flies                 |                     |
| Viburnum cassinoides                           | With-rod                     | white                             | 5-6′    | May-June           | shade to sun              | moist                              | butterflies                          | Х                   |
| Xanthorhiza simplicissima                      | Yellowroot                   | purplish-brown                    | 2-3'    | March-May          | shade to partial<br>shade | moist to wet                       | bees                                 |                     |
|  |                              |                                   |         | Perennial F        | lowers                    |                                    |                                      |                     |
| Actaea racemosa                                | Black Cohosh                 | white                             | 36-60"  | May-July           | shade to partial<br>shade | moist                              | butterflies, hummingbirds            | Х                   |
|  | Yellow Cohosh                | white                             | 30-48"  | July-Sept          | shade to partial<br>shade | moist                              | butterflies, hummingbirds            | Х                   |
| Actaea podocarpa                               |                              |                                   |         |                    |                           |                                    |                                      |                     |
| Actaea podocarpa  Aruncus dioicus var. dioicus | Eastern Goatsbeard           | white                             | 48-60"  | May-June           | shade to partial<br>shade | moist                              | butterflies, bees, beetles           | Х                   |

| Botanical Name                                      | Common Name                                | Color                        | Height         | Flower<br>Season        | Sun                       | Soil   | Visitation by<br>Pollinator  | Also a<br>host plant |
|---|--|------------------------------|----------------|-------------------------|---------------------------|--|--|----------------------|
| Baptisia tinctoria                                  | Yellow Wild indigo                         | yellow                       | 2-3'           | June-July               | sun to partial shade      | dry  | butterflies, bees  | Х                    |
| Chelone Iyonii                                      | Appalachian Turtlehead                     | pink                         | 24-48"         | July-August             | sun to partial shade      | wet to moist                                     | bees, butterflies, hummingbirds                                    | X                    |
| Coreopsis pubescens var.                            | Hairy Coreopsis                            | golden-yellow                | 36-48"         | July-Sept               | sun to partial shade      | dry to dry-mesic                                 | butterflies, beetles, hummingbirds                                 |                      |
| pubescens   | , ,  | ,                            |                |                         | shade to partial          |  |  |                      |
| Dicentra eximia                                     | Wild Bleeding Heart                        | rose-pink                    | 12-18"         | April-June              | shade                     | moist, well-drained, thin                        | hummingbirds, bees   |                      |
| Diphylleia cymosa                                   | Umbrella Leaf                              | white                        | 18-30"         | May-June                | shade to partial<br>shade | moist to wet                                     | bees, beetles, flies   |                      |
| Eupatoriadelphus fistulosus                         | Hollow-stem Joe-pye-<br>weed               | lavender pink                | 3-5'           | July-Sept               | sun to partial shade      | moist to wet                                     | bees, butterflies  | Х                    |
| Eurybia divaricata                                  | White Wood Aster                           | white with yellow center     | 24-30"         | August-Oct              | shade to partial<br>shade | moist  | butterflies, bees  | Х                    |
| Galax urceolata                                     | Galax                                      | white                        | 4-6"           | May-July                | shade to sun              | moist to dry                                     | bees, flies  |                      |
| Gentianella quinquefolia ssp.<br>quinquefolia       | Eastern Aqueweed                           | blue                         | 6-24"          | August-Oct              | sun to partial shade      | dry to moist                                     | bees, flies  |                      |
| Geranium maculatum                                  | Wild Geranium                              | pink to rose                 | 18-24"         | April-May               | shade                     | moist  | butterflies, bees  | Х                    |
| Helianthus atrorubens                               |  | yellow with purple           | 4-7'           | . ,                     |                           |  |  |                      |
| nellaritrius atroruperis                            | Appalachian Sunflower                      | center                       | 4-7            | July-Sept               | sun to partial shade      | dry  | butterflies, bees  | Х                    |
| Helianthus microcephalus                            | Small-headed Sunflower                     | yellow                       | 3-6′           | August-Sept             | shade to partial<br>shade | moist to dry                                     | bees, bees   | Х                    |
| Heuchera villosa                                    | Rock Alumroot                              | white                        | 8-24"          | July-August             | shade to partial<br>shade | dry to moist, well drained<br>thin soils, acidic | hummingbirds, butterflies  |                      |
| Hexastylis shuttleworthii var.<br>shuttleworthii    | Large-flowered Heartleaf                   | brown                        | 4-6"           | May-June                | shde                      | mesic, acidic                                    | beetles, flies   |                      |
| Hylotelephium telephioides                          | Appalachian Live-forever                   | pink                         | 18"            | July-Sept               | sun                       | dry  | butterflies  |                      |
| Iris cristata                                       | Crested Iris                               | blue                         | 6-10"          | April-May               | shade to partial<br>shade | moist  | hummingbirds, bees   |                      |
| Liatris scariosa var. scariosa                      | Northern Blazing-star                      | rosy-pink                    | 15-24'         | August-Sept             | sun                       | dry  | butterflies, bees  |                      |
| Liatris spicata var. spicata                        | Dense Blazing-star                         | rosy-pink                    | 20-40'         | July-Sept               | sun                       | dry to wet                                       | hummingbirds, butterflies, bees                                    |                      |
| Lilium michauxii                                    | Carolina Lily                              | orange-red with purple spots | 30-40"         | July-August             | partial shade             | dry  | hummingbirds, butterflies  |                      |
| Lilium superbum                                     | Turk's-cap Lily                            | orange to yellow             | to 8'          | July-August             | shade to partial          | moist to wet                                     | hummingbirds, moths, bees,   |                      |
| Lobelia cardinalis                                  | Cardinal Flower                            | ,                            | 36-48"         |                         | shade                     |  | butterflies  |                      |
| Lobelia siphilitica                                 | Great Blue Lobelia                         | red<br>blue                  | 24-40"         | July-Sept<br>July-Sept  | sun to partial shade      | moist to wet                                     | hummingbirds, butterflies, bees<br>hummingbirds, bees, butterflies |                      |
| ,   |  |                              | 24-40          | July-                   | ·                         |  | 5  | v                    |
| Monarda didyma                                      | Bee Balm                                   | scarlet red                  |                | September               | sun to partial shade      | moist to wet                                     | hummingbirds, butterflies, bees                                    | Х                    |
| Penstemon canescens                                 | Appalachian Beardtongue                    | violet                       | 12-30"         | May-June                | sun to partial shade      | dry to dry-mesic                                 | hummingbirds, bees, butterflies                                    | X                    |
| Penstemon smallii                                   | Blue Ridge Beardtongue                     | deep pink to purple          | 12-24"         | May-June                | sun to partial shade      | dry to dry-mesic                                 | butterflies, bees, hummingbirds                                    | Х                    |
| Phemeranthus teretifolius                           | Appalachian Fameflower  Eastern Blue Phlox | pink                         | 8-10"          | June-Sept               | sun                       | dry  | butterflies  |                      |
| Phlox divaricata ssp. divaricata  Phlox stolonifera | Creeping Phlox                             | blue                         | 12-15"<br>6-8" | April-May               | shade<br>shade            | moist  | bees, butterflies  |                      |
| Rudbeckia laciniata                                 | Green-headed Coneflower                    | yellow                       | 48-84"         | April-May  July-October | sun to partial shade      | moist<br>moist to wet                            | bees, flies, wasps, butterflies, moths                             | Х                    |
|   |  |                              |                | July-                   |                           |  | bees, flies, wasps, butterflies, moths,                            |                      |
| Rudbeckia triloba                                   | Brown-eyed Susan                           | yellow                       | 24-42"         | September               | sun to partial shade      | dry to moist                                     | beetles  | Х                    |
| Sanguinaria canadensis                              | Bloodroot                                  | white                        | 6-12"          | March-April             | shade                     | moist  | bees, beetles, flies   |                      |
| Sedum glaucophyllum                                 | Cliff Stonecrop                            | white                        | 2-4"           | May-June                | partial shade             | moist  | butterflies  |                      |
| Silene virginica                                    | Fire Pink                                  | red                          | 8-12"          | May-July                | sun to partial shade      | moist  | hummingbirds, flies, bees, butterflies                             |                      |
| Solidago curtisii                                   | Curtis's Goldenrod                         | yellow                       | 1-2'           | Aug-Oct                 | shade to partial<br>shade | moist  | butterflies, beetles, bees   | Х                    |
| Solidago roanensis                                  | Roan Mt. Goldenrod                         | yellow                       | 8-15"          | July-Sept               | sun                       | dry  | butterflies, beetles, bees   | Х                    |
| Symphyotrichum cordifolium                          | Blue Wood Aster                            | blue                         | 2-3'           | Sept-Oct                | shade to partial shade    | moist  | butterflies, bees, wasps, flies, beetles                           | Х                    |
| Symphyotrichum undulatum                            | Wavy-leaved Aster                          | blue to lilac                | 3-4'           | Aug-Nov                 | sun to partial shade      | dry  | butterflies, bees  | Х                    |
| Thermopsis villosa                                  | Aaron's-rod                                | yellow                       | 3-7'           | May-June                | sun to partial shade      | dry to moist                                     | butterflies  |                      |
| Tiarella cordifolia                                 | Foamflower                                 | white                        |                | April-May               | shade                     |  | butterflies, bees  |                      |
| Trillium luteum                                     | Yellow Trillium                            | yellow                       | 4-12"          | April-June              | shade, higher calcium     | moist  | bees, beetles  | Х                    |
| Vernonia noveboracensis                             | Ironweed                                   | purple                       | 3-7'           | August-Sept             | sun to partial shade      | moist to wet                                     | butterflies, honeybees   | Х                    |
|   |  |                              |                | Vines                   | 5                         |  |  |                      |
| Aristolochia macrophylla                            | Dutchman's Pipe                            | brown                        | 15-30'         | May-June                | shade to partial shade    | moist  | flies  | Х                    |
| Clematis virginiana                                 | Virgin's Bower                             | white                        | to 30'         | July-Sept               | sun to shade              | moist  | butterflies, bees, wasps   |                      |
| Parthenocissus quinquefolia                         | Virginia Creeper                           | yellowish-green              | 30-45'         | June-July               | sun to partial shade      | moist  | bees   | Х                    |
| CENTRAL APPALACHI                                   | AN BROADLEAF FO                            | REST - CONIFER               | OUS FO         | REST - MEAD             | OOW PROVINCE              |  |  | 19                   |

# HABITAT HINTS

# FOR THE CENTRAL APPALACHIAN BROADLEAF FOREST

| HABITAT REQUIREMENTS FOR BEE-POLLINATED GARDEN FLOWERS AND CROPS |        |        |                 |                 |                  |            |       |       |           |                  |          |
|--|--------|--------|-----------------|-----------------|------------------|------------|-------|-------|-----------|------------------|----------|
|  | Bumble | Digger | Lg<br>Carpenter | Sm<br>Carpenter | Squash/<br>Gourd | Leafcutter | Mason | Sweat | Plasterer | Yellow-<br>faced | Andrenid |
| FLOWERS  |        |        |                 |                 |                  |            |       |       |           |                  |          |
| Catalpa  |        |        | Х               |                 |                  |            |       |       |           |                  |          |
| Catnip   | х      | х      |                 |                 |                  |            | х     |       |           |                  |          |
| Clover   |        | х      |                 |                 |                  |            |       |       |           |                  | Х        |
| Columbine  | Х      |        |                 |                 |                  |            |       |       |           |                  |          |
| Cow parsley  |        |        |                 |                 |                  |            |       |       |           | Х                |          |
| Goldenrod  | Х      | х      |                 |                 |                  | Х          |       | Х     |           |                  |          |
| Impatiens  | Х      |        |                 |                 |                  |            |       |       |           |                  |          |
| Irises   | Х      |        | Х               |                 |                  |            |       |       |           |                  |          |
| Lavender   | Х      | х      | Х               |                 |                  | Х          |       |       |           |                  |          |
| Milkwort   |        |        |                 |                 |                  |            |       | Х     |           |                  |          |
| Morning glory  |        |        |                 | Х               |                  |            |       |       |           |                  |          |
| Penstemon  | Х      | х      |                 |                 |                  |            | х     |       |           |                  |          |
| Passion flowers  |        |        | Х               |                 |                  |            |       |       |           |                  |          |
| Phacelia   | Х      | х      |                 | Х               |                  | Х          | х     | х     | х         |                  | Х        |
| Potentilla   |        |        |                 |                 |                  |            |       |       |           | х                |          |
| Rose   | Х      |        | Х               |                 |                  |            | х     | х     |           | Х                |          |
| Salvia   | Х      | х      | Х               |                 |                  | Х          | х     |       |           |                  |          |
| Saxifrages   |        |        |                 |                 |                  |            |       | х     |           | х                |          |
| Sorrel   |        |        |                 | Х               |                  |            |       |       |           |                  |          |
| Sunflowers   | Х      | х      | Х               | Х               |                  | Х          |       | Х     | х         |                  | Х        |
| Violet   |        |        |                 |                 |                  |            |       | Х     |           |                  | Х        |
| Wild Mustard   |        | х      |                 |                 |                  |            |       |       | х         |                  |          |
| Willow catkins   |        |        |                 |                 |                  |            |       |       | х         |                  | Х        |
|  |        |        |                 |                 | CROPS            |            |       |       |           |                  |          |
| Almond   | Х      |        |                 |                 |                  |            | х     |       |           |                  | Х        |
| Apple  |        |        |                 |                 |                  |            | х     |       |           |                  |          |
| Blueberry  | х      | х      |                 |                 |                  |            |       |       |           |                  | Х        |
| Cherry   |        |        |                 |                 |                  |            | х     |       |           |                  | Х        |
| Eggplant   | х      |        | х               |                 |                  |            |       | Х     |           |                  |          |
| Gooseberry   | Х      |        |                 |                 |                  |            |       |       |           |                  | Х        |
| Legumes  | х      | Х      |                 |                 |                  | х          |       | Х     |           |                  |          |
| Water melon  | Х      |        |                 |                 |                  |            |       | Х     |           |                  |          |
| Squash/<br>Pumpkins/<br>Gourds                                   |        |        | Х               |                 | х                |            |       |       |           |                  |          |
| Tomatoes   | Х      | Х      | Х               |                 |                  |            |       | Х     |           |                  |          |
| Thyme  | Х      | Х      |                 |                 |                  |            | Х     | Х     |           | Х                |          |



#### HABITAT AND NESTING REQUIREMENTS:



#### **Bumble Bees:**

Abandoned mouse nests, other rodent burrows, upside down flower pots, under boards, and other human-made cavities. Colonies are founded by a queen in the spring and don't die out in the fall. New queens mate then and overwinter in a sort of hibernation. Bumble bees are usually active during the morning hours and forage at colder temperatures than honey bees, even flying in light rain.

#### Large carpenter bees:

Soft dead wood, poplar, cottonwood or willow trunks and limbs, structural timbers including redwood. Depending on the species, there may be one or two brood cycles per year. These bees can be active all day even in the hottest weather.

#### Digger bees:

Sandy soil, compacted soils, bank sides. Anthophorid bees (now in the Apidae) are usually active in the morning hours, but can be seen at other times.

#### Small carpenter bees:

Pithy stems including roses and blackberry canes. These bees are more active in the morning but can be found at other times.

#### Squash and Gourd bees:

Sandy soil, may nest in gardens (where pumpkins, squash and gourds are grown) or pathways. These bees are early risers and can be found in pumpkin patches before dawn. Males often sleep in the wilted flowers.

#### Leafcutter bees:

Pre-existing circular tunnels of various diameters in dead but sound wood created by emerging beetles, some nest in the ground. Leave dead limbs and trees to support not just pollinators but other wildlife. Leafcutter bees can be seen foraging throughout the day even in hot weather.

#### Mason bees:

Pre-existing tunnels, various diameters in dead wood made by emerging beetles, or human-made nesting substrates, drilled wood boards, paper soda straws inserted into cans attached to buildings. Mason bees are generally more active in the morning hours.

#### Sweat bees:

Bare ground, compacted soil, sunny areas not covered by vegetation. Like most bees, sweat bees forage for pollen earlier in the morning and then for nectar later.

#### Plasterer or cellophane bees:

Bare ground, banks or cliffs. Colletid bees can be active in the morning or later in the day.

#### Yellow-faced bees:

In dead stems. These bees are more active during morning hours.

#### Andrenid bees:

Sunny, bare ground, sand soil, under leaf litter or in soil in banksides and cliffs. These generally spring-active bees are most commonly seen on flowers during the morning when pollen and nectar resources are abundant.

"MONARCH
BUTTERFLIES
NEVER FAIL TO
CATCH THE
VISITOR'S EYE
AND ALWAYS
LEAD TO
A TEACHABLE
MOMENT."

-- LOGAN LEE, PRAIRIE SUPERVISOR MIDEWIN NATIONAL TALLGRASS PRAIRIE

### A BASIC CHECKLIST

# BECOME FAMILIAR WITH POLLINATORS IN YOUR LANDSCAPE.

- Watch for activity throughout the day and the seasons.
- Keep a simple notebook of when and what comes to your garden. NOTE: It is not necessary to identify each species when you first get started. Simply note if it is a bee that likes the yellow flower that blooms in the fall.
- Consult a local field guide or web site when you are ready to learn more details.

# ADD NATIVE PLANTS TO ATTRACT MORE NATIVE POLLINATORS.

- List the plants you currently have in your landscape.
- Determine when you need additional flowers to provide nectar and pollen throughout the growing season.
- Add plants that provide additional seasons of bloom, create variable heights for shelter, and attract the types of pollinators you want.
- Don't forget to include host plants that provide food and shelter for larval development.
- **%** Contact your local native plant society or extension agent for more help.

# USE POLLINATOR FRIENDLY LANDSCAPE PRACTICES TO SUPPORT THE POLLINATORS YOU ATTRACT.

- W Use Integrated Pest Management Practices to address pest concerns.
- Tolerate a little mess leave dead snags and leaf litter, keep areas bare for ground nesting insects, and leave some weeds that provide food for pollinators.
- Provide safe access to clean water.

# NOTICE THE CHANGES THAT YOU HAVE HELPED TO CREATE!





Many books, websites, and people were consulted to gather information for this guide. Use this list as a starting point to learn more about pollinators and plants in your area.

#### **BAILEY'S ECOREGION MAPS**

#### **USDA** Forest Service

fs.fed.us/land/ecosysmgmt/ecoreg1\_home.html

#### POLLINATION/POLLINATORS

Pollinator Partnership pollinator.org

North American Pollinator Protection Campaign nappc.org

Bee Friendly Gardening pollinator.org/bfg

Natural Resources Conservation Service nrcs.usda.gov

USDA Forest Service fs.fed.us/wildflowers/pollinators/

Wild Farm Alliance wildfarmalliance.org

Xerces Society Pollinator Program xerces.org

Illinois Natural History Survey inhs.uiuc.edu

The Forgotten Pollinators
Buchmann, S.L. and G.P. Nabhan.
1997. Island Press: Washington, DC.

Status of Pollinators in North America 2007. The National Academies Press: Washington, DC.

#### NATIVE PLANTS/GARDENING

Plant Conservation Alliance nps.gov/plants

Seeds of Success nps.gov/plants/sos

Lady Bird Johnson Wildflower Center

wildflower.org/plants/

USDA Hardiness Zone Map usna.usda/Hardzone/

U.S. National Arboretum usna.usda.gov/Hardzone/ushzmap. html

USDA, NRCS. 2007. The PLANTS Database

plants.usda.gov

#### **NATIVE BEES**

#### Alternative Pollinators: Native Bees National Sustainable Information Service

by Lane Greer, NCAT Agriculture Specialist, Published 1999, ATTRA Publication #IP126 attra.ncat.org/attra-pub/nativebee. html

Plants Attractive to Native Bees Agriculture Research Service ars.usda.gov/Research/docs. htm?docid=12052

#### Bees of the World

Christopher O'Toole and Anthony Raw. 1999. Blandford. London, UK.

#### **BUTTERFLIES AND MOTHS**

#### Butterflies and Moths of North America.

Opler, Paul A., Harry Pavulaan, Ray E. Stanford, Michael Pogue, coordinators. 2006. butterfliesandmoths.org/

**Butterflies of North America** 

Jim Brock and Kenn Kaufman. 2003. Houghton Mifflin. New York, NY.

North American Butterfly Association naba.org

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- **%** How will you use this guide?
- Monomorphisms Do you find the directions clear? If not, please tell us what is unclear.
- Is there any information you feel is missing from the guide?
- **%** Any other comments?

THANK YOU
FOR TAKING
THE TIME TO HELP!









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