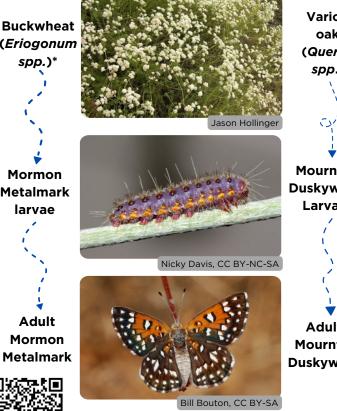
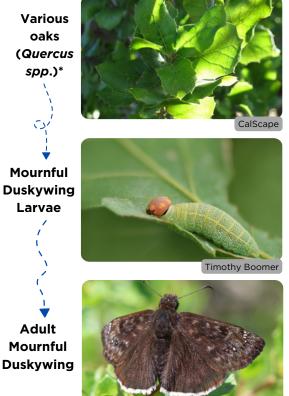
N. California Host plant guide for supporting pollinating moths and butterflies*

What is a host plant and why are they important?

Most butterfly and moth young eat only one or just a few species of plants. The plant species where the females lay their eggs and that the larvae eat are called host plants. By planting host plants in our gardens, we can turn our yards in to havens for pollinating butterflies and moths.

(Eriogonum spp.)* Mormon Metalmark larvae Adult Mormon Metalmark





Joey Bom, CC BY-NC

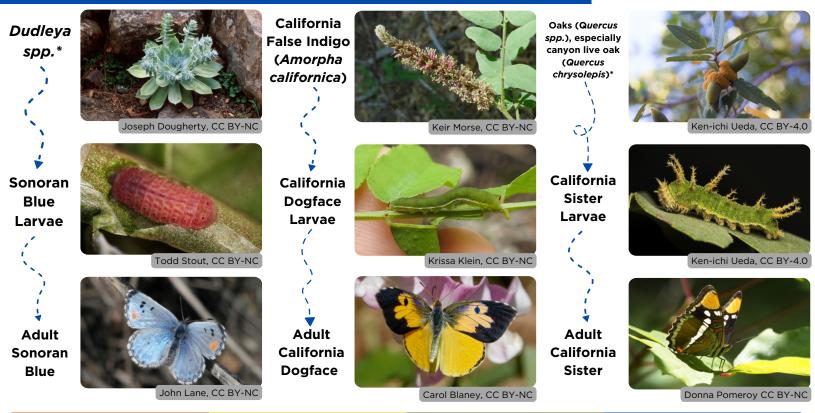
.earn more at pollinator.org/nappc/lepidoptera!

*Please consult with your local native plant society or nursery before purchasing!



Host plant guide for supporting pollinating moths and butterflies

N. California





Your garden can make a big difference in the fight against pollinator decline!