

SELECTING

PLANTS

FOR

POLLINATORS



A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS IN THE



Protect their lives. Preserve ours.

OUACHITA
MIXED FOREST
MEADOW
PROVINCE

ARKANSAS

AND

OKLAHOMA



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This is one of several guides for different regions in the United States. We welcome your feedback to assist us in making the future guides useful. Please contact us at feedback@pollinator.org

Cover: Honey bee on lupine, courtesy Greg Lavaty

SELECTING PLANTS FOR POLLINATORS

A REGIONAL GUIDE FOR FARMERS, LAND MANAGERS, AND GARDENERS

IN THE ECOLOGICAL REGION OF THE

OUACHITA MIXED FOREST MEADOW PROVINCE

ARKANSAS

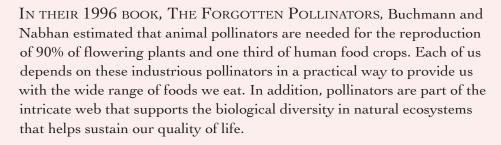
AND

OKLAHOMA

A NAPPC AND POLLINATOR PARTNERSHIP PUBLICATION

This guide was funded by the National Fish and Wildlife Foundation, the C.S. Fund, the Plant Conservation Alliance, the U.S. Forest Service, and the Bureau of Land Management with oversight by Pollinator Partnership (pollinator.org), in support of the North American Pollinator Protection Campaign (NAPPC–nappc.org).

WHY SUPPORT POLLINATORS?



Abundant and healthy populations of pollinators can improve fruit set and quality, and increase fruit size. In farming situations this increases production per acre. In the wild, biodiversity increases and wildlife food sources increase.

Tomatoes, peppers, cabbage, and blackberries are some of the crops raised in the Ouachita Mixed Forest – Meadow that rely on honey bees and native bees for pollination. Domestic honey bees pollinate approximately \$10 billion worth of crops in the U.S. each year.

Unfortunately, the numbers of both native pollinators and domesticated bee populations are declining. They are threatened by habitat loss, disease, and the excessive and inappropriate use of pesticides. The loss of commercial bees to Colony Collapse Disorder (CCD) has highlighted how severe the issues of proper hive management are to reduce stresses caused by disease, pesticide use, insufficient nutrition, and transportation practices. Currently, the pollination services that the commercial beekeeping industry provides are receiving much needed research and conservation resources. The efforts to understand the threats to commercial bees should help us understand other pollinators and their roles in the environment as well.

It is imperative that we take immediate steps to help pollinator populations thrive. The beauty of the situation is that by supporting pollinators' need for habitat, we support our own needs for food and support diversity in the natural world.

Thank you for taking time to consult this guide. By adding plants to your landscape that provide food and shelter for pollinators throughout their active seasons and by adopting pollinator friendly landscape practices, you can make a difference to both the pollinators and the people that rely on them.

Kelly Bills Executive Director Pollinator Partnership FARMING FEEDS

THE WORLD, AND

WE MUST REMEMBER

THAT POLLINATORS

ARE A CRITICAL

LINK IN OUR FOOD

SYSTEMS.

-- PAUL GROWALD, CO-FOUNDER, POLLINATOR PARTNERSHIP





THIS REGIONAL GUIDE IS just one in a series of plant selection tools designed to provide information on how individuals can influence pollinator populations through choices they make when they farm a plot of ground, manage large tracts of public land, or plant a garden. Each of us can have a positive impact by providing the essential habitat requirements for pollinators including food, water, shelter, and enough space to allow pollinators to raise their young.

Pollinators travel through the landscape without regard to property ownership or state boundaries. We've chosen to use R.G. Bailey's classification system to identify the geographic focus of this guide and to underscore the connections between climate and vegetation types that affect the diversity of pollinators in the environment.

Bailey's Ecoregions of the United States, developed by the United States Forest Service, is a system created as a management tool and is used to predict responses to land management practices throughout large areas. This guide addresses pollinator-friendly land management practices in what is known as the Ouachita Mixed Forest – Meadow Province.

Small portions of two states comprise this 8,800 square mile province of fold mountains and valleys trending east to west. Bedrock faulting and sedimentary rock erosion formed high hills and low mountains that rise from about 1,500 feet above the valley floor to a maximum elevation of 2,600 feet, with a local relief from 500 to 2,000 feet. The subtropical climate is characterized by warm winters and hot summers with an extensive growing season. Average annual temperature is 62°F. Average annual rainfall varies from 41 to 56 inches with sandstone mountain ridges tending to be dry.

Classified as oak-hickory-pine forest, this province mainly supports shortleaf and loblolly pine with an oak-hickory overstory. Evergreen needle-leaved forest populates forty percent of the cover, with shortleaf pine thriving on poorer upland soil and loblolly on richer valley soil. The dry Ouachita Mountain ridges are a mixture of shortleaf oak and pine on their southern slopes and lesser occurring oak-hickory on their northern slopes. Hardwoods tend also to populate the valleys; those of the deciduous broad-leaved variety grow in a small area.

Long before there were homes and farms in this area, the original, natural vegetation provided continuous cover and adjacent feeding opportunities for wildlife, including pollinators. In choosing plants, aim to create habitat for pollinators that allow adequate food shelter, and water sources. Most pollinators have very small home ranges. You can make a difference by understanding the vegetation patterns of the farm, forest, or neighbor's yard adjacent to you and by making planting choices that support the pollinators' need for food and shelter as they move through the landscape.

UNDERSTANDING THE OUACHITA MIXED FOREST - MEADOW

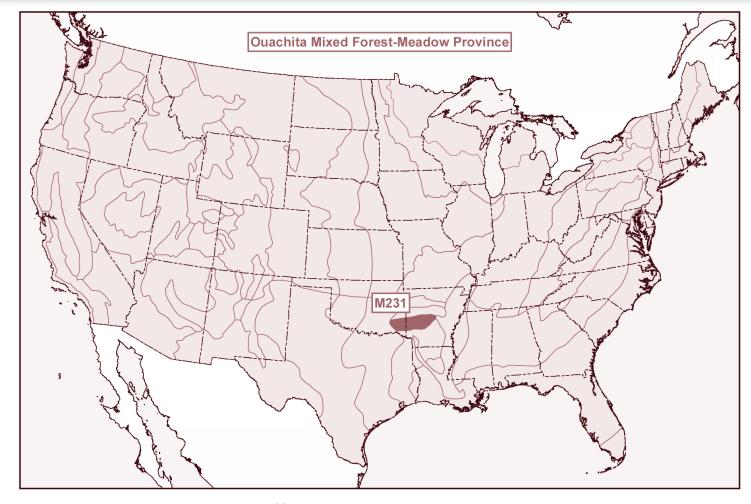


- This region is designated number M231 in the Baileys' Ecosystem Provinces. To see a map of the provinces go to: fs.fed.us/colorimagemap/ecoreg1_provinces.html
- Not sure about which bioregion you live or work in? Go to pollinator.org and click on Ecoregion Locator for help.
- 🔀 8,800 square miles within Arkansas and Oklahoma.
- Frimarily low fold mountains, high hills, and adjoining valleys.
- **%** Elevations ranging from 330 to 2,600 feet.
- X Average annual temperature is 62°F.
- X Average year-round precipitation between 41-56 inches.
- **W** USDA Hardiness Zones 7a-8a.

CHARACTERISTICS

- Mominated by evergreen needle-leaved pine with an oakhickory overstory.
- Common tree species include loblolly and shortleaf pine, southern red, black, white, and blackjack oaks, and mockernut and pignut hickories.
- Health of habitat can be monitored through the endemic Ouachita dusky salamander, an ecological species indicator that is sensitive to siltation and water pollution.





The Ouchita Mixed Forest Meadow Province includes parts of:

Arkansas and Oklahoma TO IMPROVE POLLINATOR HABITAT MAKES
SENSE IN ADVANCING OUR FAMILY FARM'S
CONSERVATION AND ECONOMIC OBJECTIVES,
ENHANCING BENEFICIAL WILDLIFE AND
IMPROVING POLLINATION IN OUR ORCHARD AND
GARDEN.

--LEE MCDANIEL, FARMER AND PRESIDENT, NATIONAL ASSOCIATION OF CONSERVATION DISTRICTS

MEET THE POLLINATORS



American Snout butterfly.

Ruby-throated hummingbird.



WHO ARE THE POLLINATORS?

BEES

Bees are well documented pollinators in the natural and agricultural systems of the Ouachita Mixed Forest – Meadow. A wide range of crops including tomatoes, peppers, cabbage and blackberries are just a few plants that benefit from bee pollinators.

Most of us are familiar with the colonies of honey bees that have been the workhorses of agricultural pollination for years in the United States. They were imported from Europe almost 400 years ago.

There are nearly 4000 species of native ground and twig nesting bees in the U.S. Some form colonies while others live and work a solitary life. Native bees currently pollinate many crops and can be encouraged to do more to support agricultural endeavors if their needs for nesting habitat are met and if suitable sources of nectar, pollen, and water are provided. Bees have tongues of varying lengths that help determine which flowers they can obtain nectar and pollen from.

The bumble bee (Bombus spp.) forms small colonies, usually underground. They are generalists, feeding on a wide range of plant material from February to November and are important pollinators of tomatoes. The sweat bee (family Halictidae) nests underground. Various species are solitary while others form loose colonies.

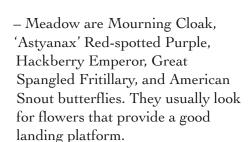
Solitary bees include carpenter bees (*Xylocopa* spp.), which nest in wood; digger, or polyester bees (*Colletes* spp.), which nest underground; leafcutter bees (*Megachile* spp.), which prefer dead trees or branches for their nest sites; and mason bees (*Osmia* spp.), which utilize cavities that they find in stems and dead wood. Cactus bees (*Diadasia* spp.) are also solitary ground nesters.

BUTTERFLIES

Gardeners have been attracting butterflies to their gardens for some time. These insects tend to be evecatching, as are the flowers that attract them. Position flowering plants where they have full sun and are protected from the wind. Also, you will need to provide open areas (e.g. bare earth, large stones) where butterflies may bask, and moist soil from which they may get needed minerals. By providing a safe place to eat and nest, gardeners can also support the pollination role that butterflies play in the landscape. It might mean accepting slight damage to the plants, known as host plants, that provide food for the larval stage of the butterfly.

A diverse group of butterflies are present in garden areas and woodland edges that provide bright flowers, water sources, and specific host plants. Numerous trees, shrubs, and herbaceous plants support butterfly populations.

Butterflies are in the Order *Lepidoptera*. Some of the species in the Ouachita Mixed Forest



Wet mud areas provide butterflies with both the moisture and minerals they need to stay healthy. Butterflies eat rotten fruit and even dung, so don't clean up all the messes in your garden!

MOTHS

Moths are most easily distinguished from butterflies by their antennae. Butterfly antennae are simple with a swelling at the end. Moth antennae differ from simple to featherlike, but never have a swelling at the tip. In addition, butterflies typically are active during the day; moths at night. Butterfly bodies are not very hairy, while moth bodies are quite hairy and more stout.

Moths, generally less colorful than butterflies, also play a role in pollination. They are attracted to flowers that are strongly sweet smelling, open in late afternoon or night, and are typically white or pale colored.

BEETLES

Over 30,000 species of beetles are found in the United States and many of them can be found on flower heads. Gardeners have yet to intentionally draw beetles to their gardens, possibly because

beetle watching isn't as inspiring as butterfly or bird watching. Yet beetles do play a role in pollination. Some have a bad reputation because they can leave a mess behind, damaging plant parts that they eat. Beetles are not as efficient as some pollinators. They wander between different species, often dropping pollen as they go.

Beetle pollinated plants tend to be large, strong scented flowers with their sexual organs exposed. They are known to pollinate Magnolia, sweetshrub (*Calycanthus*), paw paws, and yellow pond lilies.

FLIES

It may be hard to imagine why one would want to attract flies to the garden. However, like beetles, the number of fly species and the fact that flies are generalist pollinators (visit many species of plants), should encourage us all to leave those flies alone and let them do their job as pollinators.

Recent research indicates that flies primarily pollinate small flowers that bloom under shade and in seasonally moist habitats. The National Research Council's *Status of Pollinators in North America* study states that flies are economically important as pollinators for a range of annual and bulbous ornamental flowers.

Plants pollinated by the fly include the American pawpaw (Asimina triloba), dead horse arum (Helicodiceros muscivorus), skunk

cabbage (*Symplocarpus foetidus*), goldenrod (*Solidago* spp.), and members of the carrot family like Queen Anne's lace (*Daucus carota*).

BIRDS

Hummingbirds are the primary birds which play a role in pollination in North America. Their long beaks and tongues draw nectar from tubular flowers. Pollen is carried on both the beaks and feathers of different hummingbirds. The regions closer to the tropics, with warmer climates, boast the largest number of hummingbird species and the greatest number of native plants to support the bird's need for food. White-winged doves (Zenaida asiatica) are also pollinators of the saguaro cactus (Carnegeia gigantea) in the south central United States.

Bright colored tubular flowers attract hummingbirds to gardens throughout the United States. Hummingbirds can see the color red; bees cannot. Yellow Honeysuckle growing in the Ouachita Mixed Forest – Meadow attracts the Rubythroated hummingbirds.

BATS

Though bats in the Lower Mississippi Riverine Forest are not pollinators, bats play an important role in the pollination of agave, organ pipe and saguaro cacti. The long-nosed bats' head shape and long tongue allows it to delve into flower blossoms and extract both pollen and nectar.



WHICH FLOWERS DO THE POLLINATORS PREFER?

NOT ALL POLLINATORS ARE found in each North American province, and some are more important in different parts of the United States. Use this page as a resource to understand the plants and pollinators where you live.

Plants can be grouped together based on the similar characteristics of their flowers. These floral characteristics can be useful to predict the type of pollination method or animal that is most effective for that group of plants. This association between floral characteristics and pollination method is called a pollination syndrome.

The interactions of animal pollinators and plants have influenced the evolution of both groups of organisms. A mutualistic relationship between the pollinator and the plant species helps the pollinator find necessary pollen and nectar sources and helps the plant reproduce by ensuring that pollen is carried from one flower to another.

Plant					
Trait	Bats	Bees	Beetles		
Color	Dull white, green or purple	Bright white, yellow, blue, or UV	Dull white or green		
Nectar guides	Absent	Present	Absent		
Odor	Strong musty; emitted at night	Fresh, mild, pleasant	None to strongly fruity or fetid		
Nectar	Abundant; somewhat hidden	Usually present	Sometimes present; not hidden		
Pollen	Ample	Limited; often sticky and scented	Ample		
Flower Shape	Regular; bowl shaped – closed during day	Shallow; have landing platform; tubular	Large bowl-like, Magnolia		

This chart and more information on pollinator syndromes can be found at:



AND THE POLLINATORS THEY ATTRACT

Pollinator

Birds	Butterflies	Flies	Moths	Wind
Scarlet, orange, red or white	Bright, including red and purple	Pale and dull to dark brown or purple; flecked with translucent patches	Pale and dull red, purple, pink or white	Dull green, brown, or colorless; petals absent or reduced
Absent	Present	Absent Absent		Absent
None	Faint but fresh	Putrid	Strong sweet; emitted at night	None
Ample; deeply hidden	Ample; deeply hidden	Usually absent	Ample; deeply hidden	None
Modest	Limited	Modest in amount	Limited	Abundant; small, smooth, and not sticky
Large funnel like; cups, strong perch support	Narrow tube with spur; wide landing pad	Shallow; funnel like or complex and trap-like	Regular; tubular without a lip	Regular; small and stigmas exerted

http://fs.fed.us/wildflowers/pollinators/syndromes.shtml

DEVELOPING LAND SCAPE PLANTINGS THAT PROVIDE POLLINATOR HABITAT

WHETHER YOU ARE A FARMER of many acres, land manager of a large tract of land, or a gardener with a small lot, you can increase the number of pollinators in your area by making conscious choices to include plants that provide essential habitat for bees, butterflies, moths, beetles, hummingbirds and other pollinators.

FOOD:

Flowers provide nectar (high in sugar and necessary amino acids) and pollen (high in protein) to pollinators.

Fermenting fallen fruits also provide food for bees, beetles and butterflies. Specific plants, known as host plants, are eaten by the larvae of pollinators such as butterflies.

- Plant in groups to increase pollination efficiency. If a pollinator can visit the same type of flower over and over, it doesn't have to relearn how to enter the flower and can transfer pollen to the same species, instead of squandering the pollen on unreceptive flowers.
- Plant with bloom season in mind, providing food from early spring to late fall. (see Bloom Periods pp.16-17)
- Plant a diversity of plants to support a variety of pollinators. Flowers of different color, fragrance, and season of bloom on plants of different heights will attract different pollinator species and provide pollen and nectar throughout the seasons.
- Many herbs and annuals, although

not native, are very good for pollinators. Mint, oregano, garlic, chives, parsley and lavender are just a few herbs that can be planted. Old fashioned zinnias, cosmos, and single sunflowers support bees and butterflies.

- Recognize weeds that might be a good source of food. For example, dandelions provide nectar in the early spring before other flowers open. Plantain is alternate host for the Baltimore Checkerspot.
- Learn and utilize Integrated Pest Management (IPM) practices to address pest concerns. Minimize or eliminate the use of pesticides.

SHELTER:

Pollinators need protection from severe weather and from predators as well as sites for nesting and roosting.

- Incorporate different canopy layers in the landscape by planting trees, shrubs, and different-sized perennial plants.
- Leave dead snags for nesting sites of bees, and other dead plants and leaf litter for shelter.
- Build bee boxes to encourage solitary, non-aggressive bees to nest on your property.
- Leave some areas of soil uncovered to provide ground nesting insects easy access to underground tunnels.
- Group plantings so that pollinators can move safely through the landscape protected from predators.
- Include plants that are needed

by butterflies during their larval development.

WATER:

A clean, reliable source of water is essential to pollinators.

- Natural and human-made water features such as running water, pools, ponds, and small containers of water provide drinking and bathing opportunities for pollinators.
- Ensure the water sources have a shallow or sloping side so the pollinators can easily approach the water without drowning.

Your current landscape probably includes many of these elements. Observe wildlife activity in your farm fields, woodlands, and gardens to determine what actions you can take to encourage other pollinators to feed and nest. Evaluate the placement of individual plants and water sources and use your knowledge of specific pollinator needs to guide your choice and placement of additional plants and other habitat elements. Minor changes by many individuals can positively impact the pollinator populations in your area. Watch for - and enjoy - the changes in your landscape!

• CAUTION: Remember that pesticides are largely toxic to pollinators. Extreme caution is warranted if you choose to use any pesticide. Strategically apply pesticides only for problematic target species.



FARMS

Tomatoes, peppers, cabbage and blackberries are a few of the food crops in the Ouachita Mixed Forest – Meadow Province that will benefit from strong native bee populations that boost pollination efficiency. Incorporate different plants throughout the farm that provide food for native populations when targeted crops are not in flower.

Farmers have many opportunities to incorporate pollinator-friendly land management practices on their land which will benefit the farmer in achieving his or her production goals:

- Manage the use of pesticides to reduce the impact on native pollinators. Spray when bees aren't active (just after dawn) and choose targeted ingredients.
- Carefully consider the use of herbicides. Perhaps the targeted

weeds can provide needed food for pollinators.

- Minimize tillage to protect ground nesting pollinators.
- Ensure water sources are scattered throughout the landscape.
- Choose a variety of native plants to act as windbreaks, riparian buffers, and field borders throughout the farm.
- Plant unused areas of the farm with temporary cover crops that can provide food or with a variety of trees, shrubs, and flowers that provide both food and shelter for pollinators.
- Check with your local Natural Resources Conservation Service (NRCS) office to see what technical and financial support might be available to assist you in your effort to provide nectar, pollen, and larval food sources for pollinators on your farm.

FOOD SUPPLIES FOR

BEES ARE CRITICAL

TO MAINTAINING

STRONG HIVES

FOR ALMOND

POLLINATION

THE FOLLOWING

WINTER.

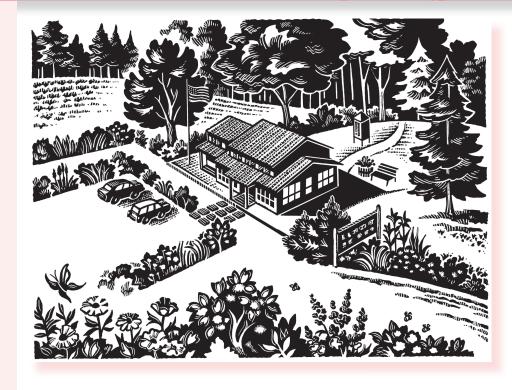
-- DAN CUMMINGS, CHICO, CALIFORNIA ALMOND GROWER.



PUBLIC LANDS

"FROM **HUMMINGBIRDS** TO BEETLES. TO BUTTERFLIES, **NATURE'S POLLINATORS HELP KEEP MIDEWIN'S** TALLGRASS PRAIRIE **RESTORATIONS FULL OF DIVERSE FLOWERING** PLANTS, INSECT MONITORING PROVIDES A KEY MEASURE OF OUR SUCCESS."

-- LOGAN LEE PRAIRIE SUPERVISOR, MIDEWIN NATIONAL TALLGRASS PRAIRIE



Public lands are maintained for specific reasons ranging from high impact recreation to conservation. In the Ouachita Mixed Forest -Meadow, forests have been cut for timber and to allow for agriculture. Less disturbed natural areas can be augmented with plantings of native plant species. Existing plantings around buildings and parking areas should be evaluated to determine if pollinator-friendly plants can be substituted or added to attract and support pollinators. Public land managers have a unique opportunity to use their plantings as an education tool to help others understand the importance of pollinators in the environment through signs, brochures, and public programs.

In an effort to increase populations

of pollinators the land manager can:

- Inventory and become knowledgeable of local pollinators.
- Provide connectivity between vegetation areas by creating corridors of perennials, shrubs, and trees that provide pollinators shelter and food as they move through the landscape.
- Maintain a minimum of lawn areas that support recreational needs.
- Restrict the use of pesticides and herbicides.
- Provide water sources in large open areas.
- Maintain natural meadows and openings that provide habitats for sun-loving wildflowers and grasses.
- Remove invasive species and encroaching shrubs and trees.





"A GARDEN IS
ONLY AS RICH AND
BEAUTIFUL AS THE
INTEGRAL HEALTH
OF THE SYSTEM;
POLLINATORS
ARE ESSENTIAL TO
THE SYSTEM - MAKE
YOUR HOME THEIR
HOME."

-- DERRY MACBRIDE NATIONAL AFFAIRS AND LEGISLATION CHAIRWOMAN, GARDEN CLUB OF AMERICA Gardeners have a wide array of plants to use in their gardens. Native plants, plants introduced from years of plant exploration from around the world, and plants developed by professional and amateur breeders can be found in garden centers, in catalogs, and on web-sites. Use your knowledge of pollinator needs to guide your choices.

- Choose a variety of plants that will provide nectar and pollen throughout the growing season.
- Resist the urge to have a totally manicured lawn and garden. Leave bare ground for ground nesting bees. Leave areas of dead wood and leaf litter for other insects.
- Strive to eliminate the use of all pesticides.
- Find local resources to help you in your efforts. Contact your local county extension agent or native plant society. Visit your regional botanic gardens and arboreta.

The scale of your plantings will vary but it is important to remember that you are trying to provide connectivity to the landscape adjacent to your property. Don't just look within your property boundaries. If your neighbor's property provides an essential element, such as water, which can be utilized by pollinators visiting your land, you may be able to devote more space to habitat elements that are missing nearby. It is best to use native plants which have evolved to support the needs of specific native pollinators. Some pollinators, however, are generalists and visit many different plants, both native and non-native. Be sure that any non-native plants you choose to use are not invasive. Remember that specialized cultivars sometimes aren't used by pollinators. Flowers that have been drastically altered, such as those that are double or a completely different color than the wild species, often prevent pollinators from finding and feeding on the flowers. In addition, some altered plants don't contain the same nectar and pollen resources that attract pollinators to the wild types.

• CAUTION: Take time to evaluate the source of your plant material. You want to ensure you get plants that are healthy and correctly identified. Your local native plant society can help you make informed decisions when searching for plants.



BLOOM PERIODS

FOR THE OUACHITA MIXED FOREST - MEADOW

The following chart lists plants and the time they are in bloom throughout the growing seasons. Choose a variety of flower colors and make sure something is blooming at all times! Note for all charts: When more than one species of the same genus is useful, the genus name is followed by "spp."

Common Name	Botanical Name	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	
	Trees, Shrubs & Vines												
Southern Magnolia	Magnolia grandiflora					white	white	white					
Umbrella Magnolia	Magnolia tripetala				white	white	white						
PawPaw	Asimina triloba			reddish brown	reddish brown	reddish brown							
Spice Bush	Lindera benzoin			yellow	yellow								
Sweet Spire	Itea virginica					white	white						
Wild Hydrangea	Hydrangea arborescens						white	white					
Gooseberry	Ribes curvatum				greenish yellow	greenish yellow							
Witch Alder	Fothergilla major				white	white							
Witch Hazel	Hamamelis vernalis	yellow to orange-red	yellow to orange-red	yellow to orange-red							yellow	yellow	
Serviceberry	Amalanchier arborea		white	white	white								
Parsley Hawthorn	Crataegus marshallii			white	white								
Ninebark	Physocarpus opulifolius				white	white							
Mexican Plums	Prunus mexicana			white	white	white							
Black Cherry	Prunus serotina				white	white							
Carolina Rose	Rosa carolina					pink	pink	pink					
Redbud	Cercis canadensis			pink	pink	pink							
Yaupon	Ilex vomitoria			white	white	white							
Red Buckeye	Aesculus pavia				red	red							
Flowering Dogwood	Cornus florida				white	white							
Mountain Azaleas	Rhododendron prinophyllum				pinkish white	pinkish white							
Deerberry	Vaccinium stamineum				white	white	white						
Farkleberry	Vaccinium arboreum					white	white						
Carolina Silverbell	Halesia tetraptera var. monticola				white	white							
Fringe Tree	Chionanthus virginicus				white	white	white						
Beauty Berry	Callicarpa americana						white	white	white				
Cross-vine	Bignonia capreolata				red & yellow	red & yellow	red & yellow						
Trumpet Creeper	Campsis radicans					red	red	red					
Coral Berry	Symphoricarpos orbiculatus						greenish white	greenish white					
Rusty Black Haw	Viburnum rufidulum				white	white							
Arrow-Wood	Viburnum dentatum				white	white							
Wisteria	Wisteria frutescens				purple lavender	purple lavender	purple lavender						
				Peren	nial Flov	wers							
Jack in the Pulpit	Arisaema trifoliata			green with purple markings	green with purple markings	green with purple markings							
Spiderwort	Tradescantia ohiensis					blue, lavender	blue, lavender	blue, lavender					
Wild hyacinth	Camassia scilloides				light blue	light blue							

Common Name	Botanical Name	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov
Trout lily	Erythronium rostratum			yellow	yellow							
Trilliums	Trillum pusillum var. ozarkanum				white,pink	white,pink						
Trilliums	Trillum recurvatum				maroon	maroon						
Large Flower Bellwort	Uvularia grandiflora				yellow	yellow						
Crested Iris	Iris cristata				pale blue to white	pale blue to white						
Yellow Lady's Slipper	Cypripedium kentuckiense				pale yellow	pale yellow						
Wild Ginger	Asarum canadense				reddish brown	reddish brown						
Starry Campion	Silene stellata						white	white	white			
Fire pinks	Silene virginica				red	red	red					
Larkspur	Delphinium carolinianum					deep blue to pale blue	deep blue to pale blue	deep blue to pale blue				
Hepatica	Hepatica nobilis		pale blue to lavender	pale blue to lavender	pale blue to lavender							
Mayapple	Podophyllum peltatum			white	white	white						
Bloodroot	Sanguinaria canadensis			white	white							
American alumroot	Heuchera americana				yellowish green	yellowish green	yellowish green					
Groundnut	Apios americana							dull red	dull red	dull red		
Wild Indigo	Baptisia bracteata var. leucophaea				cream	cream	cream					
Wild Geranium	Geranium maculatum				pink	pink						
Rose mallow	Hibiscus moscheutos							white to pink with red center	white to pink with red center	white to pink with red center		
Shrubby St. John's -wort	Hypericum prolificum						yellow	yellow	yellow	yellow		
Bird's-foot Violet	Viola pedata				light to dark violet	light to dark violet						
Passion flower	Passiflora incarnata					purple & white	purple & white	purple & white				
Gaura	Gaura longiflora						white	white	white	white		
Bluestar	Amsonia ciliata				pale blue	pale blue	pale blue					
Butterfly weed	Asclepias tuberosa					orange	orange	orange				
Blue Phlox	Phlox divaricata				pale blue to lavender (or white)	pale blue to lavender (or white)	pale blue to lavender (or white)					
Blue Waterleaf	Hydrolea ovata							blue	blue	blue		
Rose Vervain	Glandularia canadensis			pink	pink	pink	pink					
Beebalm	Monarda fistulosa						pink to lavender	pink to lavender	pink to lavender			
Beard tongue	Penstemon digitalis				white	white						
Red Cardinal Flower	Lobelia cardinalis								red	red	red	
Blue Cardinal Flower	Lobelia siphilitica							blue	blue	blue	blue	
Coneflowers	Echinacea pallida					pale purple	pale purple	pale purple				
Sneezeweed	Helenium campestre				yellow	yellow	yellow					
Blazing star	Liatris pycnostachya					rose-purple	rose-purple	rose- purple				
Blackeyed Susan	Rudbeckia hirta					yellow with dark center	yellow with dark center	yellow with dark center	yellow with dark center			
Compass plant	Silphium laciniatum							yellow	yellow	yellow		
Ironweed	Vernonia gigantea							purple	purple	purple		

PLANTS THAT ATTRACT POLLINATORS FOR THE OUACHITA MIXED FOREST - MEA

The following chart lists plants that attract pollinators. It is not exhaustive, but provides guidance on where to start. Annuals, herbs, weeds, and cover crops provide food and shelter for pollinators, too.

Common Name	Botanical Name	Color	Height	Flower Season	Sun	Soil	Visitation by Pollinators
			Trees and S	Shrubs			
Southern Magnolia	Magnolia grandiflora	white	50′	May-July	Full sun to partial shade	moist	beetles, flies
Umbrella Magnolia	Magnolia tripetala	white	30′	Sept-Oct	partial shade	moist	beetles, flies
PawPaw	Asimina triloba	reddish brown	20′	March-May	partial shade	moist	beeltes, flies
Spice bush	Lindera benzoin	yellow	5-7′	March-April	Partial sun to shade	moist to wet	butterflies
Sweet Spire	Itea virginica	white	2′	May-June	Full sun to partial shade	moist to wet	butterflies
Wild Hydrangea	Hydrangea arborescens	white	3-4'	June-July	Partial sun to shade	moist	butterflies
Currants	Ribes curvatum	greenish to greenish yellow	2-3′	April-May	Partial sun to shade	Rocky well drained	butterflies, bees
Witch Alder	Fothergilla major	white	4-6′	April-May	Full sun to partial shade	moist to well drained	butterflies, bees
Witch Hazel	Hamamelis vernalis	yellow to orange-red	20′	Jan-March	Full sun to partial shade	moist to well drained	bees
Service berry	Amalanchier arborea	white	15-20′	Feb-April	Full sun to partial shade	moist	bees
Hawthorns	Crataegus marshallii	white	25-30′	March-April	Full sun to partial shade	moist	flies
Ninebark	Physocarpus opulifolius	white	4-6′	April-May	Full sun to partial shade	moist	bees
Wild Plums	Prunus mexicana	white	12-15′	March-May	Full sun to partial shade	well drained	bees
Black Cherry	Prunus serotina	white	80′	April-May	Full sun to partial shade	moist	bees
Carolina rose	Rosa carolina	pink to rose	12-18"	May-July	Sun	moist to well drained	butterflies, bees
Redbud	Cercis canadensis	pink to rose	8-15′	March-May	Full sun to partial shade	moist to well drained	bees
Yaupon	Ilex vomitoria	white	20-25′	March-May	Full sun to partial shade	moist	bees
Red buckeye	Aesculus pavia	red	12-30′	April-May	Partial sun to shade	moist	hummingbird, bees
Flowering Dogwood	Cornus florida	white (or pink)	30-40′	April-May	Full sun to partial shade	moist to dry	bees
Wild Azaleas	Rhododendron prinophyllum	white to pink	15-18′	April-May	Partial sun to shade	wet to moist to dry	bees
Wild Blueberries	Vaccinium stamineum	white	2-8′	May-June	Partial sun to shade	moist to dry	bees
Carolina silverbell	Halesia tetraptera var. monticola	white	20-40′	April-May		moist	bees
Fringe Tree	Chionanthus virginicus	white	20-35′	April-June		moist	bees
Beauty berry	Callicarpa americana	pink	6′	June-August		moist to well drained	butterflies, bees
Cross-vine	Bignonia capreolata	red and yellow	50' long	April-June	Full sun	moist	hummingbird, bees
Trumpet creeper	Campsis radicans	red	36-40' long	May-August	Full sun	moist to well drained	hummingbird, bees
Coral berry	Symphoricarpos orbiculatus	greenish white to pink	2'	June-July	Full sun	moist to well drained	bees
Rusty Black Haw	Viburnum rufidulum	white	16′	April-May	Full sun to partial shade	moist to dry	bees
Arrow-Wood	Viburnum dentatum	white	16′	April-May	Full sun to partial shade	moist to dry	bees
Wisteria	Wisteria frutescens	purple	50' long	March-May	Full sun to shade	moist	bees
			Perennial F	lowers			
Jack in the Pulpit	Arisaema trifoliata	green with purple markings	12-24"	March-May	Partial sun to shade	moist	flies, beetles
Spiderwort	Tradescantia ohiensis	purple to rose (or white)	14-36″	April-June	Full sun to partial shade	moist to well drained	butterflies, bees
Wild hyacinth	Camassia scilloides	pale blue to lavender (or white)	5-10"	April-May	Full sun	moist to well drained	bees
Trout lily	Erythronium rostratum	white or yellow	4-6"	Feb-May	Partial sun to shade	moist	bees







Common Name	Botanical Name	Color	Height	Flower Season	Sun	Soil	Visitation by Pollinators
Trilliums	Trillum pusillum var. ozarkanum	white	5-8″	April-May	Partial sun to shade	moist	bees
Trilliums	Trillum recurvatum	maroon	5-8"	April-May	Partial sun to shade	moist to well drained	bees
Large Flower Bellwort	Uvularia grandiflora	yellow or greenish	8-16"	April-May	Partial sun to shade	moist	bees
Crested Iris	Iris cristata	violet-blue to white	4-6"	April-May	Partial sun to shade	moist	bees
Yellow Lady's Slipper	Cypripedium kentuckiense	pale yellow	14-36"	April-May	Partial sun to shade	moist	bees
Wild Ginger	Asarum canadense	reddish brown	4-6"	April-May	Partial sun to shade	moist	bees
Starry Campion	Silene stellata	white	12-24"	June-August	Partial sun to shade	moist	bees
Fire pinks	Silene virginica	red	10-14"	April-June	Partial sun to shade	moist	butterflies, bees
Columbine	Aquilegia canadensis	red and yellow	10-16"	April-June	Partial sun to shade	moist to well drained	bees
Hepatica	Hepatica nobilis	pale blue to lavender	1-3"	Feb-April	Shade	moist	bees
Mayapple	Podophyllum peltatum	white	12-14"	March-May	Shade	moist to well drained	bees
Bloodroot	Sanguinaria canadensis	white	2-6"	March-April	Shade	moist	bees
American alumroot	Heuchera americana	white	10-16"	April-June	Partial sun to shade	moist to dry	bees
Groundnut	Apios americana	red	Vine 36-48"	April-June		moist to well drained	bees
Wild Indigo	Baptisia bracteata var.leucophaea	cream	16-36"	April-June	Full sun	moist to well drained	bees
Wild Geranium	Geranium maculatum	pink	8-12"	April-May	Shade	moist	beetles
Rose mallow	Hibiscus moscheutos	white or rose	48-72"	July-Sept		moist to wet	bees
Shrubby St. John's -wort	Hypericum prolificum	yellow	36-60"	July-Sept	Full sun	well drained	butterflies,bees
Bird's-foot Violet	Viola pedata	light to dark violet	3-5"	April-May	Partial sun to shade	moist	beetles
Passion flower	Passiflora incarnata	purple (or white)	vine 8-12' long	May-Sept	Full sun to partial shade	moist to well drained	bees
Gaura	Gaura longiflora	whit	48-84"	June-Sept	Full sun	well drained	butterflies,bees
Bluestar	Amsonia ciliata	pale-blue	24-36"	April-June	Full sun to partial shade	moist to well drained	butterflies, bees
Butterfly weed	Asclepias tuberosa	white, purple, orange, or green	14-48"	May-July	Full sun	wet to dry	butterflies
Blue Phlox	Phlox divaricata	pale blue to lavender (or white)	10-14"	April-June	Partial shade	moist	butterflies, bees
Blue Waterleaf	Hydrolea ovata	blue	12-36"	July-Sept	Full sun	wet	butterflies, bees
Rose Vervain	Glandularia canadensis	pink	6-24"	March-June	Full sun	well drained	butterflies,bees
Beebalm	Monarda fistulosa	pink, lavender, or lilac	24-30"	June-August	Full sun	moist to well drained	butterflies, hummingbird, bees
Beard tongue	Penstemon digitalis	white	20-24"	April-May	Full sun to partial shade	moist to well drained	butterflies, bees
Red Cardinal Flower	Lobelia cardinalis	red	24-60"	August-Oct	Partial sun to shade	wet to moist	butterflies, hummingbird, bees
Blue Cardinal Flower	Lobelia siphilitica	blue	24-60"	July-Oct	Partial sun to shade	moist	butterflies, hummingbird, bees
Coneflowers	Echinacea pallida	pale purple	18-36"	May-July	Full sun to partial shade	well drained	butterflies, bees
Sneezeweed	Helenium campestre	yellow	18-30"	May-June	Full sun	moist to well drained	butterflies, bees
Blazing star	Liatris pycnostachya	lavender to purple- rose	14-72"	May-July	Full sun	moist to dry	butterflies, bees
Blackeyed Susan	Rudbeckia hirta	yellow	14-26"	May-Sept	Full sun	moist to dry	butterflies, bees
Compass plant	Silphium laciniatum	yellow	72-120"	July-Sept	Full sun	moist to well drained	butterflies, bees
Ironweed	Vernonia gigantea	light to dark purple	36-60"	July-Sept	Full sun	moist to well drained	butterflies, bees

HABITAT HINTS

FOR THE OUACHITA MIXED FOREST - MEADOW

HABITAT REQUIREMENTS FOR BEE-POLLINATED GARDEN FLOWERS AND CROPS											
	Bumble	Digger	Lg Carpenter	Sm Carpenter	Squash/ Gourd	Leafcutter	Mason	Sweat	Plasterer	Yellow- faced	Andrenid
FLOWERS											
Catalpa			Х								
Catnip	Х	х					х				
Clover		х									Х
Columbine	Х										
Cow parsley										Х	
Goldenrod	Х	х				Х		Х			
Impatiens	Х										
Irises	Х		Х								
Lavender	Х	Х	Х			Х					
Milkwort								х			
Morning glory				Х							
Penstemon	х	х					х				
Passion flowers			Х								
Phacelia	х	х		Х		Х	Х	Х	х		Х
Potentilla										Х	
Rose	Х		Х				Х	Х		Х	
Salvia	Х	х	Х			Х	Х				
Saxifrages								Х		Х	
Sorrel				Х							
Sunflowers	Х	Х	Х	Х		Х		Х	Х		Х
Violet								Х			Х
Wild Mustard		Х							Х		
Willow catkins									Х		Х
					CROPS						
Almond	Х						Х				Х
Apple							Х				
Blueberry	х	Х									Х
Cherry							Х				Х
Eggplant	х		Х					Х			
Gooseberry	Х										Х
Legumes	Х	Х				Х		Х			
Water melon	Х							Х			
Squash/ Pumpkins/ Gourds			х		Х						
Tomatoes	Х	Х	Х					Х			
Thyme	х	Х					Х	Х		Х	



HABITAT AND NESTING REQUIREMENTS:

E 55

Bumble Bees:

Abandoned mouse nests, other rodent burrows, upside down flower pots, under boards, and other human-made cavities. Colonies are founded by a queen in the spring and don't die out in the fall. New queens mate then and overwinter in a sort of hibernation. Bumble bees are usually active during the morning hours and forage at colder temperatures than honey bees, even flying in light rain.

Large carpenter bees:

Soft dead wood, poplar, cottonwood or willow trunks and limbs, structural timbers including redwood. Depending on the species, there may be one or two brood cycles per year. These bees can be active all day even in the hottest weather.

Digger bees:

Sandy soil, compacted soils, bank sides. Anthophorid bees (now in the Apidae) are usually active in the morning hours, but can be seen at other times.

Small carpenter bees:

Pithy stems including roses and blackberry canes. These bees are more active in the morning but can be found at other times.

Squash and Gourd bees:

Sandy soil, may nest in gardens (where pumpkins, squash and gourds are grown) or pathways. These bees are early risers and can be found in pumpkin patches before dawn. Males often sleep in the wilted flowers.

Leafcutter bees:

Pre-existing circular tunnels of various diameters in dead but sound wood created by emerging beetles, some nest in the ground. Leave dead limbs and trees to support not just pollinators but other wildlife. Leafcutter bees can be seen foraging throughout the day even in hot weather.

Mason bees:

Pre-existing tunnels, various diameters in dead wood made by emerging beetles, or human-made nesting substrates, drilled wood boards, paper soda straws inserted into cans attached to buildings. Mason bees are generally more active in the morning hours.

Sweat bees:

Bare ground, compacted soil, sunny areas not covered by vegetation. Like most bees, sweat bees forage for pollen earlier in the morning and then for nectar later.

Plasterer or cellophane bees:

Bare ground, banks or cliffs. Colletid bees can be active in the morning or later in the day.

Yellow-faced bees:

In dead stems. These bees are more active during morning hours.

Andrenid bees:

Sunny, bare ground, sand soil, under leaf litter or in soil in banksides and cliffs. These generally spring-active bees are most commonly seen on flowers during the morning when pollen and nectar resources are abundant.

"MONARCH
BUTTERFLIES
NEVER FAIL TO
CATCH THE
VISITOR'S EYE
AND ALWAYS
LEAD TO
A TEACHABLE
MOMENT.'

-- Logan lee, Prairie supervisor Midewin national tallgrass Prairie

A BASIC CHECKLIST

BECOME FAMILIAR WITH POLLINATORS IN YOUR LANDSCAPE.

- Watch for activity throughout the day and the seasons.
- Keep a simple notebook of when and what comes to your garden. NOTE: It is not necessary to identify each species when you first get started. Simply note if it is a bee that likes the yellow flower that blooms in the fall.
- Consult a local field guide or web site when you are ready to learn more details.

ADD NATIVE PLANTS TO ATTRACT MORE NATIVE POLLINATORS.

- **%** List the plants you currently have in your landscape.
- Determine when you need additional flowers to provide nectar and pollen throughout the growing season.
- Meights for shelter, and attract the types of pollinators you want.
- Mon't forget to include host plants that provide food and shelter for larval development.
- Contact your local native plant society or extension agent for more help.

USE POLLINATOR FRIENDLY LANDSCAPE PRACTICES TO SUPPORT THE POLLINATORS YOU ATTRACT.

- We Use Integrated Pest Management Practices to address pest concerns.
- Tolerate a little mess leave dead snags and leaf litter, keep areas bare for ground nesting insects, and leave some weeds that provide food for pollinators.
- Provide safe access to clean water.

NOTICE THE CHANGES THAT YOU HAVE HELPED TO CREATE!



E CELLUS STATES

Many books, websites, and people were consulted to gather information for this guide. Use this list as a starting point to learn more about pollinators and plants in your area.

BAILEY'S ECOREGION MAPS

USDA Forest Service

fs.fed.us/land/ecosysmgmt/ecoreg1_home.html

POLLINATION/POLLINATORS

Pollinator Partnership pollinator.org

North American Pollinator Protection Campaign nappc.org

Bee Friendly Gardening pollinator.org/bfg

Natural Resources Conservation Service nrcs.usda.gov

USDA Forest Service fs.fed.us/wildflowers/pollinators/

Wild Farm Alliance wildfarmalliance.org

Xerces Society Pollinator Program xerces.org

Illinois Natural History Survey inhs.uiuc.edu

The Forgotten Pollinators
Buchmann, S.L. and G.P. Nabhan.
1997. Island Press: Washington, DC.

Status of Pollinators in North America

2007. The National Academies Press: Washington, DC.

NATIVE PLANTS/GARDENING

Plant Conservation Alliance nps.gov/plants

Seeds of Success nps.gov/plants/sos

Lady Bird Johnson Wildflower Center

wildflower.org/plants/

USDA Hardiness Zone Map usna.usda/Hardzone/

U.S. National Arboretum usna.usda.gov/Hardzone/ushzmap. html

USDA, NRCS. 2007. The PLANTS Database

plants.usda.gov

NATIVE BEES

Alternative Pollinators: Native Bees National Sustainable Information Service

by Lane Greer, NCAT Agriculture Specialist, Published 1999, ATTRA Publication #IP126 attra.ncat.org/attra-pub/nativebee. html

Plants Attractive to Native Bees Agriculture Research Service ars.usda.gov/Research/docs. htm?docid=12052

Bees of the World

Christopher O'Toole and Anthony Raw. 1999. Blandford. London, UK.

BUTTERFLIES AND MOTHS

Butterflies and Moths of North America.

Opler, Paul A., Harry Pavulaan, Ray E. Stanford, Michael Pogue, coordinators. 2006. butterfliesandmoths.org/

Butterflies of North America Jim Brock and Kenn Kaufman. 2003. Houghton Mifflin. New York, NY.

North American Butterfly Association naba.org

FEEDBACK

We need your help to create better guides for other parts of North America. Please e-mail your input to feedback@pollinator.org or fax to 415-362-3070.

- **%** How will you use this guide?
- Do you find the directions clear? If not, please tell us what is unclear.
- Is there any information you feel is missing from the guide?
- **%** Any other comments?

THANK YOU
FOR TAKING
THE TIME TO HELP!

























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